

North Yorkshire & York News—July 2019

Update from YORLMC for GPs and practice staff in North Yorkshire & York - July 2019

Chair's introduction

YORLMC NY Branch Chair, YORLMC Ltd

Since the last NY Branch report, I have been elected as Chair of the North Yorkshire branch of YORLMC, succeeding Dr John Crompton. I am delighted that John has taken on another key role in YORLMC as [PCN System Integration Lead](#), and we therefore don't lose the benefit of his 12 years' experience as Chair. I'm also delighted that [Dr Jim Woods](#) has been elected as my Vice Chair and am certain his long history of representing practices and his wealth of experience with the LMC will also be invaluable as such a crucial time for General Practice.

What an exciting time to take on such a role! So – who am I? Dr Sally Tyrer, aged 39, and a GP partner at the Lambert Medical Centre in Thirsk for the past 6 years. Prior to this I've also experienced being both a salaried GP and locum GP and I've previously been a CCG Named GP for Safeguarding. I think the changes happening currently since the contract negotiations and start of PCNs are very exciting and present real opportunities, but I am not blind to the difficulties practices face on a daily basis. There is no doubt the last few years have been increasingly challenging for us all. I'm passionate about General Practice and I will work tirelessly to support and represent local GPs and practices. First and foremost, I believe we need to focus on building resilience in General Practice, and on strengthening our collective voice across NY&Y and beyond, and only if we achieve this can we then begin to realise some of the other opportunities that PCNs may deliver.

I've taken over from John just as PCNs have been born. From the 1st July they are now official and will start to receive funding, deliver extended hours and look to start recruiting pharmacists and social prescribers. As a Clinical Director for Hambleton South I know only too well how busy these past 4 months have been getting practices together, deciding on governance structures, ticking all the necessary boxes to get CCG / NHSE approval, writing schedules etc. Now PCNs have an opportunity to flourish, to develop their own PCN personalities and decide their priorities / initial agenda, whilst also working collectively where it makes sense to do things once, or where a stronger collective voice is required. John's new role will help significantly with this, and with providing a strong and sensible General Practice voice at an ICS level.

PCNs have really created a buzz and are very much the topic of conversation in any meetings currently. It feels as if for the first time in a while there is a real opportunity for us to shape our future and I look forward to working alongside you to achieve this.



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BOOK NOW

YORLMC Wellbeing Seminars—15 & 24 October

YORLMC has organised 2 wellbeing seminars in October for GPs, Practice Managers and other primary care staff, which aim to help healthcare professionals and their colleagues to recognise the signs of burnout; understand the importance of their own wellbeing; and provide practical workshop sessions providing support/techniques on how to reduce the risk of burnout and stress in the workplace. YORLMC will not charge a fee for these events however we do request a £20 donation on booking (collected by YORLMC) to the [Cameron Fund](#) – the GP's own charity – which provides support to current and retired GPs, as well as their families, in times of financial distress, whether through ill-health, disability, death or loss of employment. The seminars can be booked now at: **Tuesday 15 October, Cedar Court Bradford** - <https://www.yorlmcld.co.uk/events/9113> and **Thursday 24 October, Harrogate – Pavilions** - <https://www.yorlmcld.co.uk/events/9114>

VARIATION TO PERSONAL MEDICAL SERVICES AGREEMENT

NHSE has shared the attached ([Appendix 1](#)) Contract Variation (CV) template which NHSE will share with PMS practices in due course. The CV will take effect from 1st April 2020 and YORLMC considers the proposed template acceptable..

Developments taking place within YORLMC

YORLMC's Board believes the NHS Long Term plan and 5 Year Framework for GP Contract reform set out the most major changes for Primary Care and the NHS in a generation. In addition to establishing Primary Care Networks to ensure the sustainability and resilience of General Practice through working at scale, they also set out an ambitious programme for both service redesign and system integration across health and social care. The 5 year commitment of increased investment in primary medical and community health services as a growing share of total NHS spend, creates an unprecedented opportunity for change against a backdrop of financial challenge.

Achieving success against the PCN DES requirements over the next 5 years will mean General Practice leading the development of local integrated care teams and meeting the wider aims of the NHS long term plan to secure investment in staff to expand and diversify our workforce. This transformation of Primary Care will occur simultaneously with the development of much larger scale Integrated Care Systems. Success will be determined by both the ability to bring together all major stakeholders and by General Practice having a coordinated single voice at System level. This will only happen where there is a strong LMC.

YORLMC's Board is giving the new landscape careful thought in order to ensure YORLMC continues to develop as an organisation delivering relevant support and services to its GP constituents and their practice teams. The recently announced speciality leads Dr John Crompton, (PCN & System Integration) and Dr John Bibby (Wellbeing) are part of this work. Further leadership roles are also in development, including a Practice Manager Support Lead.

As a result, some of our activities, including some elements of YORLMC's Education Training & Development work (ETD) are being paused. In the interim we will contact you if there is any change to any booking you have already made. With regard to new ETD enquiries, practices and GPs are asked to [contact the CAT](#) for advice and signposting.

We will keep you informed as developments take place.

Attached at [Appendix 2](#) is the latest edition of the NYCC Public Health Team Newsletter.

YORLMC Division meetings GPs and Practice Managers invited to attend



All GPs and practice staff in North Yorkshire & York are invited and very welcome to attend their local YORLMC Locality Division meetings.

These meetings are an opportunity to meet

with colleagues including YORLMC members and officers and discuss local matters with senior

representatives from the CCG.

Divisions meet bi-monthly and you can check the dates of forthcoming meetings [here](#). If you intend- ing to come to a meeting, or would like any more information, please let the Corporate Affairs Team know via simon.berriman@yorlmcld.co.uk

Berni Judge, Practice Manager Resource, NY Branch

Just a reminder that I am the Practice Manager Resource co-opted to the North Yorkshire Branch of YORLMC. My co-option to YORLMC has been made with the intention of providing practices across North Yorkshire and York with an additional resource and acting as a link with practice manager colleagues.

I will be attending Branch meetings and also liaison meetings with CCG leads and representatives of the Area Team so if you feel there are issues/themes emerging that would benefit from being high- lighted at these meetings please let me know so I can ensure these can be considered for inclusion on meeting agendas. The easiest way to contact me is by email – berni.judge@nhs.net. When emailing it would be helpful if you could also copy your email to the Corporate Affairs Team – simon.berriman@yorlmcld.co.uk



FREE job advertising service for practices & GP

YORLMC has a job page on the YORLMC website at <https://www.yorlmcld.co.uk/jobs>

NHS Practices in the YORLMC area seeking to fill GP and staff vacancies and GPs seeking work in the YORLMC area can place adverts on the job page free of charge. To place an advert please contact the Corporate Affairs Team via info@yorlmcld.co.uk

Pharmacy applications

- Change of ownership applications have been approved in respect of:
 - (1) Tower Court Pharmacy Ltd at 1 Tower Court Oakdale Road Clifton Moor York YO30 4WL by Haxby Group Pharmacy Ltd
 - (2) for M J Roberts Chemists Ltd at 8 Boroughbridge Road York, YO26 5RU by Haxby Group Pharmacy Ltd

About YORLMC

Representing all GPs and their practices in:

- **Bradford, Airedale, Wharfedale and Craven**
- **North Yorkshire and the City of York**

YORLMC is the professional voice for all NHS GPs and practice teams across North Yorkshire, the City of York, Bradford, Airedale, Wharfedale & Craven districts.

Providing:

- Support and advice
- Pastoral Care
- YORLMC Law
- Training
- Events
- YORLMC News
- YORLMC Buying Group
- Regular updates

To help YORLMC's Corporate Affairs Team keep track of changes within practice teams will Practice Managers please advise info@yorlmcld.co.uk when GPs join or leave the practice and when there is to be a change of Practice.