



The best people, providing seamless care – the Bradford District and Craven way

Bradford District and Craven Integrated Workforce Programme in association with



Is proud to present:

“Promoting positive mental health and preventing burnout in our GP workforce”

3rd October 2018

- **The Workshop:** A fun, high energy, interactive, entertaining and memorable way of recognising and understanding burnout in yourself and others and of learning and practicing tools to take back to the workplace and help build a more balanced life. The training aims to give everyone a common language and to normalise the conversation around stress and burnout
- **Speaker:** Internationally acclaimed Dr Dike Drummond, a USA Family Practice Physician and leading coach, trainer and consultant, whose sole professional focus since 2011 has been addressing the modern burnout epidemic in physicians and supporting healthcare organisations achieve the quadruple aim of: Enhancing patient experience, improving population health, reducing costs and improving the work life of health care clinicians and staff

“Of 2,000 doctors who completed evaluations, the great majority said they were likely to apply what they learned from Dr. Drummond to their own life at work and at home”

*“We were heartened to hear **many of our doctors express that they felt less alone and more empowered following this training.** We look forward to the impact these learnings will have throughout our organization”*

- **Audience:** GPs across the Bradford District and Craven system
- **Date, times, venue and how to book a place:**

Sessions	Location	Invitees	Booking a place (please click on <u>one</u> of the links)
Evening session Arrival and Light buffet - 18.30 Workshop - 19.00-20.30	Mercure Hotel, Bradford Road, Bingley, BD16 1TU	GPs only	Evening Session - Eventbrite