

HAMBLETON, RICHMONDSHIRE & WHITBY LOCALITY ROADSHOW BULLETIN

YORLMC represents all GPs and their
practices in:

- Bradford, Airedale, Wharfedale and Craven
- North Yorkshire and the City of York

Providing:

- ◆ Support & Advice
- ◆ Pastoral Care
- ◆ YORLMC Law
- ◆ HR & Employment
 - ◆ Training
 - ◆ Events
- ◆ YORLMC News
- ◆ YORLMC Buying Group

Included within this newsletter is a summary of the information that was shared at YORLMC's Hambleton, Richmondshire & Whitby Roadshow held on 9 May.

Key features inside this issue

| | |
|-------------------------------------------------------------|-----|
| <u>Changes to the GP contract for 2018/19</u> | 2 |
| <u>GP Forward View</u> | 2-4 |
| <u>GDPR</u> | 4 |
| <u>NHS GP Health Service</u> | 5 |
| <u>The Cameron Fund</u> | 5 |
| <u>The work of YORLMC and its growing suite of services</u> | 6 |
| <u>YORLMC Conference—18 October 2018</u> | 6 |
| <u>Contacting YORLMC's Corporate Affairs Team</u> | 7 |

Changes to the GP contract for 2018/19 can be found [here](#)

GPC England has concluded negotiations with NHS Employers for amendments to the 2018/19 GMS (and PMS) contract.

The agreement reached will provide some stability to GMS/PMS contractors, securing £256m of funding to address practice pressures, including practice expenses and a long-overdue pay increase.

Contract changes - in summary

- Interim uplift of 1% for pay and in line with inflation for expenses, which would be increased further following any uplift secured through the [DDR process](#)
- Increase in indemnity costs covered
- Uplift in line with inflation for those vaccinations and immunisations in the SFE
- Uplift to reimbursements of locum cover for sickness and maternity/paternity/adoption leave
- Reimbursement in line with locum cover if a contractor chooses to employ a salaried GP for sickness/parental leave
- Minor amendments to clinical aspects of vaccinations and immunisations
- Significant resources and support for implementation of the electronic referral service
- QOF point value to be uplifted to reflect population increase
- New regulations to support practices in the removal of violent patients
- New premises cost directions

GP Forward View

YORLMC continues to map the funding pledged in the [GPFV](#) and through its liaison structure is discussing with the CCGs and NHSE the most appropriate ways for practices to access the funding support streams that exist in 2018/19.

NHS England and NHS Improvement [have published joint guidance](#), setting out the expectations for commissioners and providers in updating their operational plans for 2018/19. Section 3 in the appendix covers primary care and in particular the focus on CCGs delivering on their proportion of the GP Forward View funding, the earlier roll-out of the extended GP access coverage before next winter and an instruction to actively encourage every practice to be part of a local primary care network, with the aim of ensuring there is complete geographically contiguous population coverage of primary care networks as far as possible by the end of 2018/19.

GP Forward View

As highlighted at the Roadshow, please see below the May 2018 summary position in the Hambleton, Richmondshire & Whitby locality:

Time for care programme

NHS Sustainable Improvement Team (SIT), Heartbeat Alliance (HBA) and the CCG are liaising on how to relaunch the remaining 3 sessions. HBA and SIT are working together with the practices to identify their top three properties in terms of issues they need to resolve; pre-work will be designed for the PMs to check with all staff. Specific focus on: how will localities be supported to use quality improvement tools to easily make the changes they are seeking, share improvements and look nationally to learn from others.

Online consultation systems

Application bid successful. Year 1 money will be approximately £30k. Roll-out plan will be required. To date 12 practices (with a combined list size of 89,000 patients) have expressed interest in the scheme. Project Manager appointed to work across Y&H. Initial introductory message being drafted to share with interested practices. NHSE are leading on the CCGs behalf with close communication with the CCG

Plans for HRW CCG to have local primary care networks by the end of 2018/19

The CCG has been supporting practices with cluster working, with assigned CCG managers to each cluster. This way of working has been supported by an allocation of resilience funding from NHSE of £909 to each practice, with practices expected to use the funding innovatively to continue the process of working more closely together.

In respect of more formal networks, of populations of 30,000 – 50,000, the CCG has requested more specific guidance on exactly what is expected from NHSE. However, the most natural groupings would be: Hambleton, Richmondshire and Whitby. These reflect ongoing local work, e.g. Whitby forming a natural group with its own local transformation board with the CCG and differences in provision and geography, and Richmondshire practices working together to look at estates. Of these, Richmondshire would be within the recommended range at 44,893. Whitby would be just under 30,000 population at 26,747, and Hambleton more significantly over 50,000 at 72,466.

However, at this stage, other than developing informal approaches, formal networks haven't been established.

Improving access to general practice services

APMS contract including extended access services signed between HBA and CCG. Positive first contract meeting with HBA has been held. Procurement of extended access is a national priority in areas which don't yet have it, so the existence of the local service is a major achievement ahead of schedule.

All CCGs must have a service in place by October 2018. Re-procurement of the service will need to take place within next 15 months

GP Forward View

Practice Transformational Support

Development period using £3 per head funding in 2017/18 ceased at 31 March 2018. New commissioned frailty scheme through out-of-hospital services contract commenced from 1 April 2018. Good progress has been made through the GP working group on designing the approach, specification and supporting templates.

Practice Management Development Monies 2017/18

YORLMC have undertaken the training needs analysis (TNA) on behalf of the CCG and practice managers. The TNA survey monkey was shared with all PMs for completion and submission by 23rd Feb. The results are being analysed and will be discussed at a future PM meeting. In addition, 2 practice managers have registered and been approved by NAPC to undertake the practice manager diploma. This will be funded by NHSE for 2/3 costs.

A development fund of £10K is held by HBA to implement the findings of the TNA in 2018/19.

Care navigation – active signposting

HRW CCG and Heartbeat Alliance (HBA) are working together on a way forward. Proposal received from HBA based on mobilisation of West Wakefield Model (in common with many areas including South Tees CCG). Proposal finalised by the CCG's Senior Management Team in March 2018 with a view to roll-out in summer 2018.

GPDR

The General Data Protection Regulation now in place, has introduced wide ranging and significant changes to UK data protection legislation.

The BMA's main GDPR guidance is [here](#)

Due to the complex nature of the new regime for data protection laws, the BMA cannot offer comprehensive legal advice on GDPR. However its guidance should help practices navigate the legislation and point them in the right direction for guidance on the questions that may arise. The BMA guidance will be updated regularly as new guidance is published so please check back regularly.

In addition to the above practices may also find the following links of interest:

- [NHS Digital](#)
- [Information Commissioner's Office](#)

YORLMC, in conjunction with LMC Law, ran GDPR seminars in each locality, outlining the main areas of importance to healthcare. LMC Law's presentation slides can be viewed [here](#)

NHS GP Health service

A nationally funded service for GPs and GP trainees suffering mental ill-health and addiction is now available. The [NHS GP Health](#) Service provides free, confidential help with issues relating to a mental health concern, including stress or depression, or an addiction problem, in particular where these might affect work.

The service is self-referral. It is provided by health professionals specialising in mental health support to doctors and is available in various locations across England.

Access the service by emailing gp.health@nhs.net or by calling 0300 0303 300. The service is available 8am – 8pm Monday – Friday and 8am – 2pm Saturday.

Please note the service is not for emergency or crisis issues. These should be directed to mainstream NHS.

The Cameron Fund

The [Cameron Fund](#) which is the medical benevolent charity that provides support solely to GPs in the UK. It provides grants and loans to assist doctors and their families experiencing financial difficulties due to short or long-term illness, relationship breakdown or hardship following the actions of regulatory bodies or former partners.

An increasing number of requests are being received for assistance from GPs during re-training. Interest-free loans may be available towards the expenses encountered during a return to professional work. Anyone who knows of someone experiencing hardship is urged to draw attention to the Cameron Fund's existence.

Please do consider becoming a member – it is free to join and the membership form can be downloaded <http://www.cameronfund.org.uk/sites/default/files/MembershipApplicationForm.pdf> and returned by email to info@cameronfund.org.uk

<http://www.cameronfund.org.uk/content/link>

The work of YORLMC and its growing suite of services

YORLMC offers a host of core and additional services.

Core services include:

- Regular liaison between Officers of YORLMC and representatives of NHSE, CCGs, Local Authorities, Trusts and other organisations to :
 - ◇ actively promote General Practice
 - ◇ hold commissioners and providers to account
 - ◇ influence the development of New Models of Care
- YORLMC has a comprehensive [pastoral care team](#) with many years' experience of defence bodies and GMC procedures and is able to provide personal and confidential support for individual GPs in difficulty or experiencing major change.
- Supporting and maintaining information flows—Through regular Newsletters and Branch Reports, emails and [website](#), YORLMC's Corporate Affairs Team raises awareness and provides information to GPs and Practice Managers relating to national and local developments, including their impact on the local health economy.
- YORLMC's Corporate Affairs Team also assists GPs and Practice Managers with a wide range of queries - if we don't know the answer we are usually able to sign post to someone who does.

YORLMC also has a growing suite of additional services including an Educational, Training and Development Arm, YORLMC Law, HR & Employment Indemnity Package and a job advertising service - full details on these can be found on the [YORLMC website here](#)

YORLMC CONFERENCE—18 OCTOBER

Following on from the success of the first YORLMC conference we would like to invite you to the 2018 event taking place on Thursday 18 October at the Pavilions of Harrogate, Great Yorkshire Showground, Harrogate.

The agenda for the conference has now been finalised and is [available here](#)

We aim to provide Practice Managers and GPs with support, guidance and inspiration with speakers from across the NHS but also from local projects and initiatives. To secure your place, for a nominal fee of £50 per person (free for GP Trainees), please book as soon as possible via this link <https://www.yorlmcld.co.uk/events/6617>

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