

# HARROGATE & RURAL DISTRICT LOCALITY ROADSHOW BULLETIN

YORLMC represents all GPs and their

practices in:

• Bradford, Airedale, Wharfedale and

**Craven** 

North Yorkshire and the City of York

#### **Providing:**

- Support & Advice
  - Pastoral Care
- ♦ YORLMC Law
- HR & Employment
  - Training
  - Events
- ♦ YORLMC News
- YORLMC Buying Group

Included within this newsletter is a summary of the information that was shared at YORLMC's Harrogate & Rural District Roadshow held on 2 May

## Key features inside this issue

| Changes to the GP contract for 2018/19      | 2   |
|---|-----|
| <b>GP Forward View</b>                      | 2-4 |
| GDPR  | 4   |
| NHS GP Health Service                       | 5   |
| The work of YORLMC and its growing suite of | 6-  |
| <u>services</u>                             |     |
| YORLMC Conference—18 October 2018           | 6   |
| Contacting YORLMC's Corporate Affairs Team  | 7   |

## Changes to the GP contract for 2018/19 can be found <u>here</u>

GPC England has concluded negotiations with NHS Employers for amendments to the 2018/19 GMS (and PMS) contract.

The agreement reached will provide some stability to GMS/PMS contractors, securing £256m of funding to address practice pressures, including practice expenses and a long-overdue pay increase.

#### Contract changes - in summary

- Interim uplift of 1% for pay and in line with inflation for expenses, which would be increased further following any uplift secured through the <u>DDRB process</u>
- Increase in indemnity costs covered
- Uplift in line with inflation for those vaccinations and immunisations in the SFE
- Uplift to reimbursements of locum cover for sickness and maternity/paternity/adoption leave
- Reimbursement in line with locum cover if a contractor chooses to employ a salaried GP for sickness/parental leave
- Minor amendments to clinical aspects of vaccinations and immunisations
- Significant resources and support for implementation of the electronic referral service
- QOF point value to be uplifted to reflect population increase
- New regulations to support practices in the removal of violent patients
- New premises cost directions

### **GP Forward View**

YORLMC continues to map the funding pledged in the <u>GPFV</u> and through its liaison structure is discussing with the CCGs and NHSE the most appropriate ways for practices to access the funding support streams that exist in 2018/19.

NHS England and NHS Improvement <u>have published joint guidance</u>, setting out the expectations for commissioners and providers in updating their operational plans for 2018/19. Section 3 in the appendix covers primary care and in particular the focus on CCGs delivering on their proportion of the GP Forward View funding, the earlier roll-out of the extended GP access coverage before next winter and an instruction to actively encourage every practice to be part of a local primary care network, with the aim of ensuring there is complete geographically contiguous population coverage of primary care networks as far as possible by the end of 2018/19.

## **GP Forward View**

As highlighted at the Roadshow, please see below the May 2018 summary position in the Harrogate & Rural District locality:

#### Time for care programme

The CCG are still looking into the opportunity to access the time for care programme.

#### Online consultation systems

The CCG plan to use the 17/18 allocation for a STP wide solution. Three HaRD practices have volunteered as 'Early Adopters' with the aim of implementing the procured online consultation system in early 2018/19. The competitive process involved a GP from the area to ensure that the solution suited local needs. The contract is held by Leeds CCG as a lead commissioner and implementation for the three early adopter practices is imminent. Beyond this, there will be engagement with the remaining practices to offer online consultations in cohort 3 which will be in approximately September 2018. No practices are known to be interested at this point, but the CCG will ensure that the opportunity is given to all practices.

#### Plans for HaRD CCG to have local primary care networks by the end of 2018/19

Various workstreams will assist with the move towards primary care networks, including the ongoing estates projects in Harrogate and Ripon, the GP Resilience funding bids which the CCG supported to increase collaborative working between practices in Knaresborough and Green Hammerton as well as closer working between Nidderdale and Boroughbridge and, separately, the practices co-located at Mowbray Square.

#### Improving access to general practice services

As a GP Access Fund Zone, HaRD CCG were able to commission Extended Access to Primary Care Services earlier than many other places in the country. As of December 2017, all patients have had access to appointments at both evenings and weekends. The service was designed in collaboration with Yorkshire Health Network, aiming to provide the best possible service for patients in the area. The service also aims to assist practices locally by increasing the options for patients in terms of available clinicians. Pharmacists and physiotherapists are now available in Extended Access, providing services to more people. A number of issues remain to be resolved throughout the pilot period including the best solution for patients of the most rural practices, access to both the Harrogate and Ripon hub for all patients (currently, a system issue necessitates patients of Systmone practices accessing Harrogate only and EMIS practices accessing Ripon only), same day booking at weekends, the types of tasks being sent back to practices and the level of provision which is sometimes limited by the availability of staff. The service is monitored through contract meetings with YHN and a patient and staff survey is being conducted during April. The results of this will inform the ongoing commissioning arrangements for the service beyond 31<sup>st</sup> March 2019.

#### **Practice Transformational Support**

Projects for investment have been developed in the context of a proposed level of investment at £488,538, based on a list size of 162,846 and individual initiatives are to be confirmed

#### **Practice Management Development Monies 2017/18**

YORLMC have been allocated funding to deliver training in Harrogate around 3 specific areas.

- Training Practice Manager appraisers
  - YORLMC is co-ordinating this project on behalf of Calderdale LMC, Kirklees LMC, Leeds LMC and Wakefield LMC as well as YORLMC
  - 6 Practice Managers were trained in the YORLMC area in 2017

- With the 17/18 funding 6 more managers from the other 4 LMCs are to attend training.
- ♦ A total of 72 practice managers will then receive appraisals, 6 appraisals per appraiser.
- An assurance feedback form will be completed by appraisees at the end of the project.
- Feedback from the previous years project which shows a high level of satisfaction with this project Practice manager coaching and mentoring
- Practice manager coaching and mentoring
  - YORLMC is co-ordinating this project on behalf of Kirklees LMC, Leeds LMC and Wakefield LMC.
  - YORLMC has engaged with 2 experienced coaches who have agreed to deliver executive coaching sessions to approximately 24 Practice Managers distributed across the 5 LMCs

YORLMC—11 PMs Leeds—7 PMs Wakefield—3 PMs Kirklees—3 PMs

- Each Practice Manager will receive 4 sessions.
- Expressions of Interest are being sought with a view to these sessions being delivered over the next 6 month
- Face to face networking opportunities (via roadshows)

### **GDPR**

The General Data Protection Regulation now in place, has introduced wide ranging and significant changes to UK data protection legislation.

The BMA's main GDPR guidance is <u>here</u>. Information is also available on the YORLMC website <u>here</u>

Due to the complex nature of the new regime for data protection laws, the BMA cannot offer comprehensive legal advice on GDPR. However its guidance should help practices navigate the legislation and point them in the right direction for guidance on the questions that may arise. The BMA guidance will be updated regularly as new guidance is published so please check back regularly.

In addition to the above practices may also find the following links of interest:

- NHS Digital
- Information Commissioner's Office

YORLMC, in conjunction with LMC Law, ran GDPR seminars in each locality, outlining the main areas of importance to healthcare. LMC Law's presentation slides can be viewed <a href="https://example.com/here-page-12">here</a>

## **NHS GP Health service**

A nationally funded service for GPs and GP trainees suffering mental ill-health and addiction is now available. The <a href="NHS GP Health">NHS GP Health</a> Service provides free, confidential help with issues relating to a mental health concern, including stress or depression, or an addiction problem, in particular where these might affect work.

The service is self-referral. It is provided by health professionals specialising in mental health support to doctors and is available in various locations across England.

Access the service by emailing <a href="mailto:gp.health@nhs.net">gp.health@nhs.net</a> or by calling 0300 0303 300. The service is available 8am – 8pm Monday – Friday and 8am – 2pm Saturday.

Please note the service is not for emergency or crisis issues. These should be directed to mainstream NHS.

## **The Cameron Fund**

The <u>Cameron Fund</u> which is the medical benevolent charity that provides support solely to GPs in the UK. It provides grants and loans to assist doctors and their families experiencing financial difficulties due to short or long-term illness, relationship breakdown or hardship following the actions of regulatory bodies or former partners.

An increasing number of requests are being received for assistance from GPs during retraining. Interest-free loans may be available towards the expenses encountered during a return to professional work. Anyone who knows of someone experiencing hardship is urged to draw attention to the Cameron Fund's existence.

Please do consider becoming a member – it is free to join and the membership form can be downloaded <a href="http://www.cameronfund.org.uk/sites/default/files/MembershipApplicationForm.pdf">http://www.cameronfund.org.uk/sites/default/files/MembershipApplicationForm.pdf</a> and returned by email to <a href="mailto:info@cameronfund.org.uk">info@cameronfund.org.uk</a>

http://www.cameronfund.org.uk/content/link

## The work of YORLMC and its growing suite of services

YORLMC offers a host of core and additional services.

#### Core services include:

- Regular liaison between Officers of YORLMC and representatives of NHSE, CCGs, Local Authorities, Trusts and other organisations to :
  - actively promote General Practice
  - hold commissioners and providers to account
  - influence the development of New Models of Care
- YORLMC has a comprehensive <u>pastoral care team</u> with many years' experience of defence bodies and GMC procedures and is able to provide personal and confidential support for individual GPs in difficulty or experiencing major change.
- Supporting and maintaining information flows—Through regular Newsletters and Branch Reports, emails and <u>website</u>, YORLMC's Corporate Affairs Team raises awareness and provides information to GPs and Practice Managers relating to national and local developments, including their impact on the local health economy.
- YORLMC's Corporate Affairs Team also assists GPs and Practice Managers with a wide range of queries - if we don't know the answer we are usually able to sign post to someone who does.

YORLMC also has a growing suite of additional services including an Educational, Training and Development Arm, YORLMC Law, HR & Employment Indemnity Package and a job advertising service - full details on these can be found on the <u>YORLMC website here</u>

## YORLMC CONFERENCE—18 OCTOBER

Following on from the success of the first YORLMC conference we would like to invite you to the 2018 event taking place on Thursday 18 October at the Pavilions of Harrogate, Great Yorkshire Showground, Harrogate.

The agenda for the conference has now been finalised and is available here

We aim to provide Practice Managers and GPs with support, guidance and inspiration with speakers from across the NHS but also from local projects and initiatives. To secure your place, for a nominal fee of £50 per person (free for GP Trainees), please book as soon as possible via this link <a href="https://www.yorlmcltd.co.uk/events/6617">https://www.yorlmcltd.co.uk/events/6617</a>Following on from the success of the first YORLMC conference we would like to invite you to the 2018 event taking place on Thursday 18 October at the Pavilions of Harrogate, Great Yorkshire Showground, Harrogate.

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