



North Yorkshire Branch Report

YORLMC represents all GPs and their practices in North Yorkshire and the

Providing:

City of York

- Support & Advice
- Pastoral Care
- <u>YORLMC Law</u>
- HR & Employment
- Training
- Events
- YORLMC News
- YORLMC BuyingGroup
- Regular updates

Update from North Yorkshire Branch Elections

Message from John Crompton, Chair, North Yorkshire Branch, YORLMC Ltd



YORLMC Officers and the Corporate Affairs Team have nearly completed our Spring locality roadshows across North Yorkshire and York where we meet GPs and practice managers to update them on issues such as the 18/19 GP contract and GP Forward view as well as debating how general practice at scale and new models of care are developing in their areas. The last roadshow is in the Hambleton, Richmondshire & Whitby area on 9 May—please see this link to book your place. This month I have also chaired a re-established

Alliance of NY GP Federations meeting to explore joint working between Federations in order to share experiences and economies of scale moving forward, working in collaboration with YORLMC. After a positive initial meeting, arrangements are being made to meet again.

With all NYY CCGs posting deficit end of year positions, VoY CCG continues in its capped expenditure programme whilst the other CCGs have undergone Capacity and Capability reviews by PWC and their reports and currently being worked through by CCGs. We await to see the impact this may have on CCG and STP configurations moving forward.

YORLMC Annual Conference

Following on from the success of the first YORLMC conference we would like to invite you to the 2018 event. We are in the process of pulling together another exciting agenda and are delighted to welcome back the very popular Mr Andy Cope from The Art of Brilliance. We aim to provide Practice Managers and GPs with support, guidance and inspiration with speakers from across the NHS but also from local projects and initiatives. Please book your place here

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Message from Dr Sally Tyrer, NY Branch Vice Chair

I am honoured to have been voted as Vice Chair of the North Yorkshire Branch of YORLMC. I have been a LMC Member since 2014 in the Hambleton, Richmondshire & Whitby locality. Qualifying as a GP in 2010, I have been a partner at the Lambert Medical Centre in Thirsk since 2013. I passionately believe in the core values of General Practice and enjoy representing local GPs and practices. I am aware of the increasing challenges the profession currently faces and I'm highly motivated to try and find away through these that preserves our core values, enhances our working life, and ensures that we not only survive this current crisis but start to thrive again.

I'd like to thank Dr Brian McGregor for such a fantastic contribution as Vice-Chair from 2007 to March 2018. Thankfully we are not losing Brian's expertise as he has recently taken on a new role as the Medical Director within the Corporate Affairs Team of YORLMC https:// www.yorlmcltd.co.uk/thecorporateaffairsteam. He will be working closely with Dougy Moederle-Lumb to support GPs and Practices and I'm sure he will be a great addition to the Corporate Affairs team.

I am very much looking forward to working with the Dr John Crompton, Chair and Members of the NY Branch as well GPs/practices across North Yorkshire & York. Simon Berriman (simon.berriman@yorlmcltd.co.uk) and Stacey Fielding (stacey.fielding@yorlmcltd.co.uk) Executive Officers for North Yorkshire & York are the first point of contact for all NYY related matters.

Contact details - YORLMC's Corporate Affairs Team

YORLMC's Corporate Affairs Team (CAT) is responsible for keeping GPs and practice teams informed of current issues relating to primary care and beyond. The CAT leads on communicating important messages, producing regular guidance and newsletters to keep all GPs and practice teams informed, involved and engaged.

To help the CAT keep track of changes within practice teams it will be much appreciated if you can advise info@yorlmcltd.co.uk when email addresses change, when GPs join or

leave your practice as well as when there is to be a change of Practice Manager.

Simon Berriman is administering the North Yorkshire Branch and Liaison -

simon.berriman@yorlmcltd.co.uk

Stacey Fielding is administering the 4 North Yorkshire Divisions -

stacey.fielding@yorlmcltd.co.uk

Simon and Stacey are therefore the first point of contact for all North Yorkshire & York related matters.

Message from Berni Judge, Practice Manager Resource, North Yorkshire Branch, YORLMC

Just a reminder that I am the Practice Manager Resource co-opted to the North Yorkshire Branch of YORLMC. My co-option to YORLMC has been made with the intention of providing practices across North Yorkshire and York with an additional resource and acting as a link with practice manager colleagues. I will be attending Branch meetings and also liaison meetings with CCG leads and representatives of the Area Team so if you feel there are issues/themes emerging that would benefit from being highlighted at these meetings please let me know so I can ensure these can be considered for inclusion on meeting agendas. The easiest way to contact me is by email - berni.judge@nhs.net. When emailing it

would be helpful if you could also copy your email to the Corporate Affairs Team



- simon.berriman@yorlmcltd.co.uk

UPDATE FROM NORTH YORKSHIRE BRANCH ELECTIONS

The process to elect Members to the North Yorkshire LMC is now complete. The following have been elected to the North Yorkshire LMC effective from 1 April 2018

NY Branch and Division Officer Appointments

Chair - Dr John Crompton

Vice-Chair - Dr Sally Tyrer

Vale of York Locality Officer - Dr Aaron Brown

Scarborough & Ryedale Locality Officer - Dr Dougy Moederle-Lumb

Hambleton, Richmondshire & Whitby Locality Officer - Dr Duncan Rogers

Harrogate & Rural District Locality Officer - Dr Jim Woods

Harrogate & Rural District locality

Dr Peter Banks

Dr John Crompton

Dr Cath Dixon

Dr Sarah Moss

One vacancy

Scarborough & Ryedale locality

Dr Catherine Chapman

Dr Phil Garnett

Dr David Hickson

Dr Dougy Moederle-Lumb

Vale of York locality

Dr Richard Stockley

Districtwide Locum

Dr Andrew Gammack

Districtwide GP Registrar

Dr Daniel Loram

Co-options

Dr Jim Woods (IT expertise)

Details of all Members of the NY Branch of YORLMC are available at https://www.yorlmcltd.co.uk/northyorkshirebranch

YORLMC Branch and Division Meeting Agendas: Contributions and attendance is welcomed from GPs and Practice Managers

GPs and Practice Managers are reminded that their suggestions for items for inclusion on Branch and Division agendas are welcomed. Meetings of the North Yorkshire Branch of YORLMC focus on issues affecting the North Yorkshire & York area as a whole. There are also four Divisions of YORLMC Ltd which correspond to the four North Yorkshire CCG areas. Division meetings focus on more localised discussion and Agendas are circulated to Committee Members one week prior to meetings, following agenda planning sessions involving YORLMC Officers and YORLMC's Cor-

porate Affairs Team. All GPs and Practice Managers are welcome to attend their respective Division meetings.

Branches and Divisions meet bi-monthly in alternate months and you can check the dates of forthcoming meetings <u>here.</u>

We very much hope you will contribute to this process – your suggested items can be sent to the Corporate Affairs Team as follows:

info@yorlmcltd.co.uk If you wish to attend your local Division meeting please contact: Stacey.fielding@yorlmcltd.co.uk

NYCC—Help patients to find out about care and support online



NYCC has developed an easy to use online tool designed to help patients and their carers find out for themselves about the support available to help with daily living tasks. The online assessment tool is on NYCC website here. It's a series of multiple choice questions designed to help people make informed choices about how they can meet their care and support needs. With around 140,000 people out of a population of 600,000 aged over 65, and 19,000 aged over 85, the County Council has to use re-

sources as efficiently as possible to help manage their daily needs. The online questions help people to find out quickly and conveniently about what support is available; ways to help themselves; and recommends useful sources of information. The self-assessment tool is suitable for anyone who thinks they may need some help with daily living - relatives, friends and neighbours can also fill in the assessment on behalf of someone, with their consent. The tool can be used by patients who live in North Yorkshire (excluding the City of York area). Depending on the answers given, patients or their representatives are directed to sites and tools such as North Yorkshire Connect, which offers local information, advice and support

(<u>www.northyorkshireconnect.org.uk</u>) and 'AskSara', which provides useful information about products that make daily living easier (<u>https://www.northyorks.gov.uk/advice-and-support-help-daily-living</u>)

Please direct patients and their carers to the online assessment as a first port of call – they can find it by going to the www.northyorks.gov.uk home page and clicking on 'Help with daily living'. The questionnaire will help them to find out what support is available – it's easy to do, in their own home, at a time to suit them. Anyone who doesn't have access to the internet can go to their local library to do the assessment. They can also ring ahead to request help to complete the form.

YORLMC TRAINING - Upcoming courses

For a full list please see training courses please see https://www.yorlmcltd.co.uk/events. Please contact Leanne Ashton (leanne.ashton@yorlmcltd.co.uk) for all your practice training needs.

Lunch & Learn training packages provide a different way for practices to train their staff as it enables you, on behalf of the practice, to deliver training over a lunchtime, by giving you all the materials you need. When you purchase the Lunch and Learn package your payment will trigger access to a PowerPoint presentation and all the relevant accompanying training materials. The training packages which have been developed by Wessex LMCs are accessible here. You will need to create an account and use the code **YORLMC** when you purchase in order to access the preferential rates offered to practices in Bradford, Airedale, Wharfedale, Craven, North Yorkshire & York.

YORLMC now offers a helping hand for practices who would like to deliver Lunch & Learn sessions to their staff. Some may not be comfortable in delivering this training themselves or simply just don't have the time. By providing a trainer we can help deliver this in your practice. Please email leanne.ashton@yorlmcltd.co.uk if you would like more information about this.





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Changes within practice teams

To help YORLMC's

Corporate Affairs Team keep track of changes within practice

teams will Practice Managers please advise

info@yorlmcltd.co.uk when

GPs join or leave the practice and when there is to be a change of Practice Manager

FREE job advertising service for practices & GPs

NHS Practices in the YORLMC area seeking to fill GP and staff vacancies and GPs seeking work in YORLMC area can place adverts on the job page free of charge.

To place an advert please contact the Corporate Affairs Team via info@yorlmcltd.co.uk

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