



# A monthly newsletter for North Yorkshire & Bradford & Airedale practices



YORLMC represents all GPs and their practices in:

- Bradford, Airedale, Wharfedale and Craven
- North Yorkshire and the City of York

Providing:

- ◆ Support & Advice
- ◆ Pastoral Care
- ◆ YORLMC Law
- ◆ HR & Employment
- ◆ Training
- ◆ Events
- ◆ YORLMC News
- ◆ YORLMC Buying Group
- ◆ Regular updates

## Key features inside this issue

<a href="#"><u>Messages from Dougy Moederle-Lumb, Chief Executive, YORLMC Ltd including YORLMC Annual Conference 2018 &amp; YORLMC services</u></a>	2	<a href="#"><u>Vision and SNOMED CT coding</u></a>	4
<a href="#"><u>Shingles Immunisation Programme</u></a>	3	<a href="#"><u>Sessional GPs guidance on NHS pensions and Capita</u></a>	4
<a href="#"><u>Annualising of 2015 scheme practitioner contributions</u></a>	3	<a href="#"><u>Primary Care Support England briefing</u></a>	4
<a href="#"><u>Reimbursement for phased return to work</u></a>	3	<a href="#"><u>New measures to reduce risks of valproate in pregnancy</u></a>	5
<a href="#"><u>CQC fees for registered providers 2018/19</u></a>	3	<a href="#"><u>Updated guidance on reflection</u></a>	5
<a href="#"><u>Updated indemnity information</u></a>	3	<a href="#"><u>Removal of patients from your practice list (including immediate removal for reasons of violence and abusive behaviour)</u></a>	6
<a href="#"><u>HPV PGDs published</u></a>	3	<a href="#"><u>EU GPs and Brexit</u></a>	7
<a href="#"><u>Yorkshire Medical Chambers sessional GPs Northern conference, 9 June, National Railway Museum, York</u></a>	4	<a href="#"><u>Medicine supply issues for primary care</u></a>	7
<a href="#"><u>Yorkshire Practice Management Conference 2018 - Wednesday 26 September 2018, Ridding Park Hotel, Harrogate</u></a>	4		1

## Messages from Dougy Moederle-Lumb, Chief Executive, YORLMC Ltd



### YORLMC Annual Conference —18 October 2018

Please do book your place at the YORLMC conference on 18 October which will be held at the Pavilions of Harrogate, Great Yorkshire Show-ground, Harrogate. We are close to finalising an exciting agenda and are delighted to welcome back the very popular Mr Andy Cope from The Art of Brilliance.

We aim to provide Practice Managers and GPs with support, guidance and inspiration with speakers from across the NHS but also from local projects and initiatives.

Attached at [appendix 1](#) is a poster highlighting some of the key speakers and event themes.

To book please click on this link— <https://www.yorlmcltd.co.uk/events/3360>

### YORLMC Services

I would like to take the opportunity to highlight the suite of services that YORLMC offers to North Yorkshire & York and Bradford and Airedale practices. Services include:

- [Education, training and development arm](#) - please contact [Leanne Ashton](#) in the first instance for all your training needs
- [YORLMC Law](#) - YORLMC cannot provide individual GPs or practices with legal or financial advice. However YORLMC offers all its constituents access to a range of legal services. The services are offered under the banner of YORLMC LAW – in conjunction with LMC Law Limited – and are designed to assist and facilitate legal advice and services to practices and federations. YORLMC is supporting and funding the delivery of these services utilising LMC reserves, with a view to ensuring that practices and federations receive high quality expert advice from legal professionals with significant NHS experience.
- [HR & Employment Indemnity Package](#) - The package (YORLMC in conjunction with AXA Insurance) is available to practices and federations at very competitive rates and under a contract which can be renewed annually.
- [Pastoral services](#) - We have a comprehensive pastoral care team with many years' experience of defence bodies and GMC procedures and is able to provide personal and confidential support for individual GPs in difficulty or experiencing major change.
- [Free job advertising service](#) - NHS Practices in the YORLMC area seeking to fill GP and staff vacancies and GPs seeking work in YORLMC area can place adverts on the job page free of charge.

## Shingles Immunisation Programme

Attached at [Appendix 2](#) is a letter from NHSE and PHE and a research paper ([appendix 3](#)) regarding the evaluation of the programme which not only suggests a reduction in clinical cases but also has an impact on GP consultations. Practices can now offer the shingles vaccine opportunistically to patients **throughout the year** as they become of eligible age. Evidence from the early implementation of this programme shows that there has been approximately 17,000 fewer herpes zoster episodes and 3,300 fewer episodes of post-herpetic neuralgia amongst the 5.5 million individuals targeted for vaccination in the first 3 years of the programme.

## Annualising of 2015 scheme practitioner contributions

The issue of 'annualising' income earned by GPs was introduced into the Career Average Revalued Earnings (CARE) NHS Pension Scheme Regulations in April 2015. This is something the BMA has never agreed with and the BMA have been clear in voicing their concern about it. GPC disagree with the way NHS Pensions have interpreted the regulations and the manner in which they have revised their guidance. Further clarification is being sought from the DHSC and NHSBSA in order to formulate a view on how the BMA would wish to proceed.

More information can be found [here](#) and in a [blog](#) by Krishan Aggarwal, deputy chair of the sessional subcommittee.

## Reimbursement for phased return to work

Following GPC intervention, NHS England has now confirmed that practices must be reimbursed [under the](#) SFE for cover for GPs on phased return for sickness. Reimbursement should include the cost of cover for all the sessions (up to the weekly ceiling) for which the GP is still absent, to maintain the normal GP cover. NHS England local teams should now be talking with CCGs where issues have been raised to rectify any misinterpretation of the SFE.

## CQC fees for registered providers 2018/19

The Care Quality Commission (CQC) has written to practices regarding the confirmed fee changes which are now published on their [website](#). YORLMC would like to remind practices that these fees are fully reimbursable, a contractual change negotiated last year (2017/18) by the GPC and written into the [SFE \(PART 4, PAYMENTS FOR SPECIFIC PURPOSES, 20B CQC FEES REIMBURSEMENT SCHEME\)](#)

## Updated indemnity information

An [updated briefing note](#) on the indemnity payment has now been published on the BMA website. This provides examples of how practices should allocate payment to its GPs which is equitable and proportional based on their circumstances. The BMA have also provided a [template letter](#) for salaried GPs to request confirmation of the amount they will be receiving.

## HPV PGDs published

The [PGD template \(v02.00\) for HPV vaccine for adolescent females](#) has now been published, and is available [here](#). This template supports the administration of HPV vaccine to girls from 12 years of age or from school year 8 in accordance with the national immunisation programme, and is valid from 1 May 2018 to 30 April 2020. [The PGD for men \(MSM\)](#) has also been published, although this is not for General Practice but for vaccination of MSM through Specialist Sexual Health Services and HIV clinics. The operational guidance is available [here](#).

All PGD templates are available on the [Public Health England website](#), and a link to this page is available on the [vaccs and imms webpage](#) on the BMA website.

## Yorkshire Medical Chambers sessional GPs Northern conference, 9 June, National Railway Museum, York

Yorkshire Medical Chambers is holding a sessional GPs Northern conference on 9 June at the National Railway Museum in York. Full details including how to book a place can be found on the attached flyer at [appendix 4](#).

## Yorkshire Practice Management Conference 2018 - Wednesday 26 September 2018, Rudding Park Hotel, Harrogate

YORLMC is pleased to support this event and members of the Corporate Affairs Team look forward to welcoming Bradford, Airedale, Wharfedale & Craven and North Yorkshire & York practice managers to YORLMC's stand throughout the day. Event details, including how to register can be found [here](#)

## Vision and SNOMED CT coding

NHS Digital has written to practices using Vision to update them on an issue about the move to SNOMED and the impact on automated data submission. Practices have two options on how they respond to this issue. NHSD have provided details on the two routes and the necessary action that practices will have to undertake to receive their payments, which are attached as appendices [5](#) & [6](#).

## Sessional GPs guidance on NHS pensions and Capita

During April 2018, the GPC's Sessional GPs subcommittee updated its guidance on NHS Pensions following meetings with PCSE and NHS England. NHS England withdrew their support to Capita and the delivery of the PCSE contract in January 2018, which brought unease as to how the service will continue and whether Capita will be able to deliver. [This guidance](#) aims to address the main questions that sessional GPs have raised.

## Primary Care Support England briefing

The BMA submitted a Freedom of Information (FOI) request to NHS England to understand the issues impacting GP pension and the PCSE compensation scheme, established in May 2017. The BMA requested this information as they have serious concerns with the ongoing failures of Primary Care Support England's (PCSE) service delivery. However, the deadline to respond to the FOIs has passed and despite numerous attempts, the BMA have had no reply so the matter has been referred to the Information Commissioner's Office. More information is available on the BMA's [PCSE webpage](#).

## Physician Associate Supervision—HEE Workshop in Leeds 21/06/18

On behalf of the Leeds Institute of Medical Education/Leeds Institute of Health Sciences, YORLMC would like to draw your attention to a one-day workshop focusing on supervision of qualified physician associates aimed at clinicians in the Yorkshire and Humber region. Please share details with colleagues who are or are soon to be involved in supervision of qualified physician associates. The workshop will be held in Leeds on 21st June.

For further details and sign up, please visit:

<https://www.eventbrite.co.uk/e/yorkshire-and-humber-physician-associate-supervisor-workshop-tickets-44872196949?aff=es2>

## New measures to reduce risks of valproate in pregnancy

The Medicines and Healthcare products Regulatory Agency (MHRA) has **changed the licence for valproate medicines** (Epilim, Depakote and generic brands), in that they are contraindicated and must no longer be prescribed to women or girls of childbearing potential unless they are on the pregnancy prevention programme (PPP). The UK's Chief Medical Officers will be issuing instructions and educational materials to support the implementation of the PPP, which will be sent to GPs in the coming weeks. See attached a letter from the MHRA to the GPC ([appendix 7](#)), a letter sent to practices ([appendix 8](#)), and access a link to their press release [here](#).

## Updated guidance on reflection

Following the Dr Bawa-Garba case many doctors feel they are no longer able to reflect honestly and openly, with LMC UK conference earlier this year calling for GPs to disengage from written reflections until adequate safeguards are in place. As a result, the BMA has been lobbying the GMC and other bodies on this and called for legal protection to be provided to reflections in all education and training documents, such as e-portfolios and all annual appraisals and training forms. The BMA have updated our own guidance in response to the LMC conference motion to make it clear how doctors should limit their reflective practise. The BMA will also be contributing to new GMC guidance on reflection to be published this summer to highlight what changes need to be made for the profession to regain confidence in this process. [Read more here](#)

## Updated guidance on gender incongruence

The GPC's [Guidance on gender incongruence in primary care](#) has been updated to incorporate advice on prescribing given in the recently published [Responsibility for prescribing between primary and secondary/tertiary care](#). The NHS England guidance expresses clearly that when clinical responsibility for prescribing for gender incongruent patients is transferred to general practice, it is important that the GP is confident to prescribe the necessary medicines, and that any transfers involving medicines with which GPs would not normally be familiar should not take place without a local shared care agreement. The updated guidance is available on the BMA website [prescribing page](#).

## NICE guidance on treating Lyme disease

The National Institute for Health and Care Excellence (NICE) has produced **new guidelines for GPs** on diagnosing and managing Lyme disease. The guidance includes symptoms to look out for, tests to help confirm a diagnosis and what treatments to use. Access the new guidance [here](#).

# Removal of patients from your practice list (including immediate removal for reasons of violence and abusive behaviour)

There are currently 2 routes that practices can take to remove patients from their lists depending on the situation:

- Immediate removals  
In situations where a patient has been violent, or caused staff to fear for their safety, practices can request the immediate removal of the patient, although the incident should have been reported to the police.
- Standard eight days removals  
Patients can also be removed from practice lists for non-violent reasons, such as an irretrievable breakdown of the practice-patient relationship. In these cases the patient must be warned that they are at risk of removal, together with an explanation of the reasons for this, within the 12 months prior to the request for removal. The warning does not have to have been made in writing (although it is good practice to do so). If this patient has previously received a warning from the practice about rude/abusive behaviour, the practice can proceed with a standard eight day removal if that is what is decided. If the patient has not previously received a warning, or the practice decides not to remove them from the list on this occasion, it is advisable that the practice writes to the patient about this incident and warns them that should they be rude/abusive at the practice again, they may be removed from the practice list and have to register elsewhere.

The relevant Regulation references with regard to the above are:

- GMS Schedule 3 Part 2 Patients: General Para 24 and 25
- PMS Schedule 2 Part 2 Patients: General Para 23 and 24

Further information on how to request removal of a patient can be found here: <https://pcse.england.nhs.uk/services/registrations/>

Please be aware that for immediate removals, the incident must have been reported to the police and a police incident number needs to be provided to PCSE within seven days. Immediate removal requests will be processed within 24 hours of receipt of the form (available at the above weblink) by PCSE.

However as part of the 2018/19 GP contract negotiations there has been agreement to clarify the regulations that already allow for patients to be refused registration where there are 'reasonable grounds' for doing so – having a violent patient flag on the patient's record is considered to be a reasonable ground for refusing to register. The Regulations are being strengthened to allow a practice to remove a patient who has joined them from a previous practice who removed them because of a violent incident and placed a violent patient flag on their record. Where a patient is removed under the violent patient regulations, they will be put onto the appropriate 'Special Allocation Scheme' unless that patient refuses to be registered at any practice (remembering that they will still have a flag on their record and can be refused registration as outlined above). **These changes will be effective from 01 October 2018**

## EU GPs and Brexit

Brexit is still very much in the news. We know that it is having an impact on many areas of life including the NHS and unfortunately this has included some negative impact on EU nationals.

Two confidential questions below have been developed by an LMC member who is an EU national as YORLMC is interested to know what if any impact you have noticed in your own practice, specifically:

- whether your practice is struggling to recruit and retain GPs and practice staff from the EU countries
- whether any of your GPs or practice staff from the EU have experienced negative behaviour from either colleagues or patients

YORLMC will collate responses and feedback to GPC.

Whilst this is an anonymous survey, if you would like or need any support from YORLMC please do not hesitate to contact us.

YOR Local Medical Committee Limited  
(YORLMC Ltd)

Registered office: First Floor, 87-89 Leeds Road,  
Harrogate,

North Yorkshire, HG2 8BE t. 01423 879922 f.  
01423 870013

e. [info@yormcltd.co.uk](mailto:info@yormcltd.co.uk)

w. [www.yormcltd.co.uk](http://www.yormcltd.co.uk)

Registered as a Company limited by Guarantee.

Registered in England No. 6349731.

### YORLMC Ltd Disclaimer

YORLMC Limited does not provide legal or financial advice and thereby excludes all liability howsoever arising in circumstances where any individual, person or entity has suffered any loss or damage arising from the use of information provided by YORLMC Limited in circumstances where professional legal or financial advice ought reasonably to have been obtained. YORLMC Limited provides representation, guidance and support to GPs and practices in the North Yorkshire and Bradford and Airedale areas. YORLMC Limited strongly advises individuals or practices to obtain independent legal/financial advice. Articles and adverts included in this newsletter must not be assumed to be endorsed by YORLMC Ltd.



Follow [YORLMC](#) on  
twitter



## Sessional GP Newsletter

The latest sessional GP newsletter is available at <https://bma-mail.org.uk/t/JVX-5IP3O-1BJCJOU46E/cr.aspx>

### Medicine supply issues for primary care

Attached at [Appendix 9](#) is a medicine supply issue update for primary care for March 2018 from the Department of Health and Social Care. The GPC prescribing policy group lead, Dr Andrew Green, recently met with representatives from their Medicine and Pharmacy directorate to discuss medicine supply chain issues, where they agreed to share their monthly update on primary care supply issues, which is also sent CCGs.

### Changes within practice teams

To help YORLMC's Corporate Affairs Team keep track of changes within practice teams will Practice Managers please advise

[info@yorlmcld.co.uk](mailto:info@yorlmcld.co.uk) when GPs join or leave the practice and when there is to be a change of Practice Manager



*The GPs' own charity*

BMA House, Tavistock Square, London WC1H 9JP, Registered Charity No. 261993

BMA House, Tavistock Square, London WC1H 9JP, Registered Charity No. 261993 The Cameron Fund is the medical benevolent charity that provides support solely to GPs in the UK. It provides grants and loans to assist doctors and their families experiencing financial difficulties due to short or long-term illness, relationship breakdown or hardship following the actions of regulatory bodies or former partners. An increasing number of requests are being received for assistance from GPs during re-training. Interest-free loans may be available towards the expenses encountered during a return to professional work.

Anyone who knows of someone experiencing hardship is urged to draw attention to the Cameron Fund's existence.

You do not need to be a member of the [Cameron Fund](#) to benefit from this charity but please consider becoming a member – it is free to join and the membership form can be downloaded <http://www.cameronfund.org.uk/sites/default/files/MembershipApplicationForm.pdf> and returned by email to [info@cameronfund.org.uk](mailto:info@cameronfund.org.uk) General contact details are:

Phone: 020 7388 0796

Email: [enquiries@cameronfund.org.uk](mailto:enquiries@cameronfund.org.uk) Web: <http://www.cameronfund.org.uk/content/link-us>

# YORLMC Buying Group & 'Buying Group Plus' for Federations and Provider Companies

YORLMC joined the LMC Buying Groups Federation in September 2010 to deliver savings to practices without creating any additional work or inconvenience.

All practices were given the opportunity to 'opt-in' to membership at that time and over 140 practices in North Yorkshire, Bradford and Airedale have now done so. Any practices who have not yet signed up can do so at any time.

Due to the upcoming changes to data protection regulations in May 2018, the Buying Group now need all existing members to complete a new form to ensure you can continue to access the Buying Group's service after this date: <https://form.jotformeu.com/73232425890355>.

Membership entitles you to discounts on products and services provided by the Buying Group's suppliers. Membership is free and there is no obligation on practices to use all the suppliers. However, practices can save thousands of pounds a year just by switching to Buying Group suppliers. To view the pricing and discounts on offer you need to log-in to the Members section of the Buying Group website: <https://www.lmcbuyinggroups.co.uk/>

Not convinced the Buying Group can save your practice money? Well why not challenge them to do just that! The Buying Group offers a free cost analysis service that aims to show member practices how much money they could save just by swapping to buying group suppliers. They can also provide this service for groups of practices working together. For more information, contact the Buying Group on 0115 979 6910 or email [info@lmcbuyinggroups.co.uk](mailto:info@lmcbuyinggroups.co.uk).

## **LMC Buying Groups: Q&As**

The following Q&As attempt to answer the most obvious questions about the Buying Group and how it operates.

### ***What is the purpose of the LMC Buying Group and how does it work?***

The sole purpose of the Buying Group is to save its member practices money by negotiating discounts on goods and services which practices regularly purchase. The Buying Group team negotiate with suppliers, after which they identify 'approved' suppliers, who guarantee to give you significant discounts over what you would otherwise pay for their services, in return for the Buying Group's endorsement and help in making you aware of what they offer.

### ***Does it cost us anything to be part of the group?***

No. All practices paying the LMC statutory/administrative levy are automatically entitled to enrol as members. The Buying Group regard this as an added value service your LMC can offer you. Should any practice cease to pay their LMC levies, they will no longer be able to access the benefits this initiative will bring.

### ***Is there any obligation to take up the deals offered?***

No. Each practice is free to take up or decline any of the deals the Buying Group have negotiated. If you wish to take advantage of any of the offers in question, you will be given contact details and all communications take place between you and the individual supplier\*.

# Cont.....YORLMC Buying Group & 'Buying Group Plus' for Federations and Provider Companies

*Who are the Buying Group's approved suppliers?*

A full list of suppliers is available on the Buying Group's website but product/service areas that the group covers includes:

- Stationery, Office Equipment and Furniture
- Medical Consumables and Equipment and Testing and Calibration
- Insurance
- Energy Broker
- Confidential Waste Shredding
- Waste Collection
- Telecoms
- Staff Uniforms
- Asbestos and Environmental Surveys
- Emergency Oxygen
- Digital Dictation Software
- Online Training Courses
- Medical Record Digital Reproduction
- Travax Website Subscription
- Website Design
- Merchant Card Services
- Royalty Free Music
- Flu vaccines

## ***Your Details***

When a practice signs up for Buying Group membership, they will keep your basic contact details (practice address, telephone number) on a secure database which is used for administration purposes (i.e. to identify which practices are eligible for supplier discounts). On the membership application form, they also ask you how they can use your personal data (i.e. your email address) but even if you do sign up to receive their emails you can stop them at any time by clicking the unsubscribe button.

## ***What if I am not happy with the quality of goods and services supplied?***

Always let the Buying Group know if you encounter any problems getting what you want, and they will endeavour to sort it out.

*\*The Buying Group accepts no liability for any contract willingly entered into by a practice with an approved supplier. Practices are advised to check that the terms of any contract with suppliers are not inconsistent with those the Buying Group have negotiated and are advised to inform the Buying Group team of any discrepancy. The Buying Group do not, however, accept any responsibility for any member practices' failure to check the terms of the relevant contract and the principle of caveat emptor (buyer beware) applies in all cases. Your rights as a consumer under the Consumer Protection Act are unaffected. With respect to any services to which the provisions of the Financial Services Act 2000 might apply practices are advised to seek independent financial advice as may be appropriate.*

## YORLMC Corporate Affairs Team

**Dr Douglas Moederle-Lumb**

**Chief Executive**

[Info@yorlmcld.co.uk](mailto:Info@yorlmcld.co.uk)

**Dr Brian McGregor**

**Medical Director**

[info@yorlmcld.co.uk](mailto:info@yorlmcld.co.uk)

**Belinda Smith**

**Director of Finance/Company Secretary**

[belinda.smith@yorlmcld.co.uk](mailto:belinda.smith@yorlmcld.co.uk)

**Angela Foulston**

**Director of Liaison**

[angela.foulston@yorlmcld.co.uk](mailto:angela.foulston@yorlmcld.co.uk)

**Simon Berriman**

**Executive Officer (North Yorkshire & York)**

[simon.berriman@yorlmcld.co.uk](mailto:simon.berriman@yorlmcld.co.uk)

**Stacey Fielding**

**Executive Officer (North Yorkshire & York)**

[stacey.fielding@yorlmcld.co.uk](mailto:stacey.fielding@yorlmcld.co.uk)

**Kate Mackenzie**

**Executive Officer (Bradford & Airedale)**

[kate.mackenzie@yorlmcld.co.uk](mailto:kate.mackenzie@yorlmcld.co.uk)

**Neil Bostock**

**Executive Officer (Bradford & Airedale)**

[neil.bostock@yorlmcld.co.uk](mailto:neil.bostock@yorlmcld.co.uk)

**Leanne Ashton**

**Education, Training and Development Manager**

[leanne.ashton@yorlmcld.co.uk](mailto:leanne.ashton@yorlmcld.co.uk)

**Gabriella Baldini**

**Apprentice Administrative Assistant**

[gabriella.baldini@yorlmcld.co.uk](mailto:gabriella.baldini@yorlmcld.co.uk)

