January 2018, Issue 123





# A monthly newsletter for North Yorkshire & Bradford & Airedale practices



YORLMC represents all GPs and their

- Bradford, Airedale, Wharfedale and Craven
- North Yorkshire and the City of York

#### **Providing:**

- Support & Advice
  - Pastoral Care
- YORLMC Law
- HR & Employment
  - Training
  - Events
- YORLMC News
- YORLMC Buying Group
  - ♦ Regular updates

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# Messages from Dougy Moederle-Lumb, Chief Executive, YORLMC Ltd



## Save The Date—YORLMC Annual Conference —18 October 2018

I am pleased to announce that following the success of our first <u>YORLMC</u> <u>Conference in 2017</u>, arrangements are now being made for a 2018 YORLMC Annual Conference. This will take place on Thursday 18 October at the Pavilions of Harrogate, Great Yorkshire Showground, Harrogate. We are working on an exciting programme but would value your input on the nature of the event so please do complete this survey

It will be a full day event available to all North Yorkshire & York and Bradford & Airedale practices and event details will be released very shortly but in the meantime please save the date in your diaries.

## **YORLMC locality roadshows 2018**

Details of our Spring locality roadshows will soon be released—please watch this space

#### **YORLMC Services**

I would like to take the opportunity to highlight the suite of services that YORLMC offers to North Yorkshire & York and Bradford and Airedale practices. Services include:

- <u>Education, training and development arm</u> please contact <u>Leanne Ashton</u> in the first instance for all your training needs
- YORLMC Law YORLMC cannot provide individual GPs or practices with legal or financial advice. However YORLMC offers all its constituents access to a range of legal services. The services are offered under the banner of YORLMC LAW in conjunction with LMC Law Limited and are designed to assist and facilitate legal advice and services to practices and federations. YORLMC is supporting and funding the delivery of these services utilising LMC reserves, with a view to ensuring that practices and federations receive high quality expert advice from legal professionals with significant NHS experience.
- HR & Employment Indemnity Package The package (YORLMC in conjunction with AXA Insurance) is available to practices and federations at very competitive rates and under a contract which can be renewed annually.
- <u>Pastoral services</u> We have a comprehensive pastoral care team with many years' experience of defence bodies and GMC procedures and is able to provide personal and confidential support for individual GPs in difficulty or experiencing major change.
- <u>Free job advertising service</u> NHS Practices in the YORLMC area seeking to fill GP and staff vacancies and GPs seeking work in YORLMC area can place adverts on the job page free of charge.

## Focus on registration for overseas visitors

GPC England has updated its guidance on the new contractual requirements regarding the registration of overseas visitors (GMS1 and GMS3 forms), introduced as part of the 2017/18 contract agreement. The new guidance can be found <a href="https://example.com/here">here</a>.

## BMA briefing paper and guidance on sleep deprivation and fatigue

The BMA have published a briefing paper on <u>fatigue and sleep deprivation</u>, which explores the impact of different working patterns on doctors. It highlights the potential impact of sleep deprivation on doctor's health, well-being and performance, as well as their safety and that of their patients. The report is accompanied by some guidance on anticipating and managing fatigue associated with doctors' working patterns.

### 2017 GP Retention scheme

The GPC is currently looking for GPs who have joined the <u>2017 GP Retention Scheme</u> or the 2016 interim scheme to be involved with some work it has planned to promote the scheme. Initial signs are that the revamped scheme is proving popular, but in order to build on this and help make the scheme available to as many GPs as possible, the GPC is keen to use case studies of GPs who have joined the scheme to help raise awareness. It is likely that this will involve the chosen GPs being involved with a video which covers the reasons why they have joined the scheme as an example to other GPs of how it can be useful. The GPC would like to hear from any GPs who have joined one of the schemes since 2016 and would be willing to share their case.

Anyone who is interested should contact Christopher Scott (Workforce & Innovation team) via cscott@bma.org.uk

#### **GP Contract—Variation Notice**

The legal documents relating to last year's contract negotiations have been published earlier this month and can be found through the following links.

Standard General Medical Services Contract Variation Notice 2017

NHS England Standard General Medical Services Contract 2017/18

Standard Alternative Provider Medical Services Agreement Variation Notice 2017

NHS England Standard Personal Medical Services Agreement 2017/18

## **Update: Seasonal Flu Vaccines for 2018-19**

Please see the below update provided the LMC Buying Group:

NHS England has released its 'definitive' **guidance** for GP practices about which flu vaccines to use for the 2018-19 season. NHS England is now advising all practices to use the adjuvanted trivalent vaccine (Fluad - Seqirus) for all patients over 65 and a quadrivalent vaccine for any 'at risk' groups including pregnant women aged 18-65 years.

This decision has been based on clinical evidence from the Joint Committee on Vaccination and Immunisation (JCVI) and cost effectiveness studies by Public Health England. Suppliers of the adjuvanted trivalent and quadrivalent vaccines have given NHS England assurances that they will be able to cope with the increased demand for their vaccines. Additional funding has been found to cover the additional costs of using the adjuvanted trivalent and quadrivalent vaccines, so practices do not need to worry about not being reimbursed.

Please note that practices will still need to order trivalent vaccines for any at risk patients age six months to two years as Fluenz, Fluad and quadrivalent vaccines aren't licensed for this age group. MASTA, Mylan and Seqirus can provide vaccines suitable for children age six months and above. For more information on these discounts, please visit our website.

As this definitive guidance was released after most practices would have placed their vaccine order with their preferred supplier, we have spoken with the four companies we negotiated discounts with for the 2018-19 season to compile advice for those practices that now need to cancel or amend their original vaccine orders (see next pages).

If you have any questions, please call us on 0115 979 6910, email <u>info@lmcbuyinggroups.co.uk</u> or Live Chat with us via the website: <u>https://www.lmcbuyinggroups.co.uk/</u>.

To have full access to the website and the Buying Group discounts and service, please complete the registration form on the website: <a href="https://www.lmcbuyinggroups.co.uk/members/">https://www.lmcbuyinggroups.co.uk/members/</a>.

#### **Seairus**

Seqirus is the only company producing an adjuvanted trivalent vaccine for over 65s for the 2018-19 season. Our members still have access to their 'early bird' discount of 40.3% until 29 March 2018.

	Orders before 16 February 2018 (40.3%)
NHS Price	£9.79
Dispensing fee*	£2.209
VAT (20%)	£1.96
Total NHS Reimbursement	£13.96
Actual cost after discount+	£5.84
VAT (20%)	£1.17
Total cost to practice	£7.01
Total Profit Per Dose (PPD)	£6.95

<sup>\*</sup> The dispensing fee illustrated is for guidance purposes only and is based on a non-dispensing practice dispensing up to 457 items a month under rules applying from 1 October 2017.

#### **Contact Segirus**

Tel: 01530 454288; Email: flu.salesuk@seqirus.com

<sup>+</sup> Discount based on order of less than 1000 doses. Additional discounts are available to those practices wanting to order more than 1000 doses.

## Cont...Update: Seasonal Flu Vaccines for 2018-19

#### Pfizer

Pfizer produce two trivalent vaccines for the UK market and we know many of our members have ordered with Pfizer and will now have to cancel their orders and move them to Seqirus for the adjuvanted trivalent and to MASTA or Mylan for quadrivalents for most of their patients.

Pfizer has confirmed that they will honour any changes and cancellations to the orders already placed with them by our members and that Pfizer customers will not be charged for cancelling their orders. Please contact Pfizer as soon as possible to cancel any existing orders for their trivalent vaccines.

Contact Pfizer — Tel: 0800 089 4033; Email: vaccinesuk@pfizer.com

#### **MASTA**

MASTA have access to both trivalent and quadrivalent vaccines, so any existing customers can simply switch formulations for the 18-65s.

If you need to move part of your order from MASTA to Seqirus then please contact their flu team as soon as possible to discuss your requirements.

	Quadrivalent (50%)
NHS Price	£8.00
Dispensing fee*	£2.209
VAT (20%)	£1.60
Total NHS Reimbursement	£11.81
Actual cost after discount	£4.00
VAT (20%)	£0.80
Total cost to practice	£4.80
Total Profit Per Dose (PPD)	£7.01

<sup>\*</sup> The dispensing fee illustrated is for guidance purposes only and is based on a non-dispensing practice dispensing up to 457 items a month under rules applying from 1 October 2017.

Contact MASTA—Tel: 0113 238 7552; Email: fluteam@masta.org

#### Mylan

Mylan produce both trivalent and quadrivalent vaccines, so any existing customers can simply switch formulations for the 18-65s. If you need to move part of your order from MASTA to Seqirus then please contact their flu team as soon as possible to discuss your requirements. Mylan is the Buying Group's preferred supplier for the or the quadrivalent based on PPD

Influvac QIV Generic QIV

NHS Price	£9.94
Dispensing Fee*	£2.209
VAT (20%)	£1.99
Total NHS Reimbursement	£14.14
Actual cost after discount (50%)	£4.97
VAT (20%)	£0.99
Total cost to practice	£5.96
Total Profit Per Dose (PPD)	£8.18

NHS Price	£8.00
Dispensing Fee*	£2.209
VAT (20%)	£1.60
Total NHS Reimbursement	£11.81
Actual cost after discount (50%)	£4.00
VAT (20%)	£0.80
Total cost to practice	£4.80
Total Profit Per Dose (PPD)	£7.01

<sup>\*</sup> The dispensing fee illustrated is for guidance purposes only and is based on a non-dispensing practice dispensing up to 457 items a month under rules applying from 1 October 2017.

Contact Mylan— Tel: 0800 358 7468; Email: flu@mylan.com

## **Supporting Mental Health in General Practice**

Mind has a released a survey that looks into GPs' experiences in supporting people with mental health problems, including training in mental health, as well as wellbeing and what support mechanisms are in place to support GPs.

To take the survey, please click here.

#### Sessional GPs e-newsletter—UK

The latest sessional GP newsletter has been published and is available here

The edition covers:

- Sleep deprivation and fatigue
- E-consulting
- GPC elections
- 'Alternative careers'
- Survey on LMC engagement with sessionals and GP trainees

## Working Time Regulations in UK law after Brexit

The BMA, alongside 12 other leading royal colleges and trade unions, have written to the Prime Minister urging her to maintain the Working Time Regulations (WTRs) in UK law after Brexit. The letter, which is available on the BMA website <a href="here">here</a>, features in <a href="The Guardian">The Guardian</a>. The BMA initiated and co-ordinated the letter and was drawn up in response to reports in the national press that leading Cabinet Ministers were pushing for the WTRs to be scrapped following our departure from the EU.

The BMA has a long standing position of supporting the WTRs: any threats to legal safeguards that limit weekly working would risk a return to excessive working hours for health service staff and jeopardise patient safety. The BMA will continue to robustly defend this vital piece of health and safety legislation and the support of the Royal Colleges and trade unions below for the WTRs is a very welcome and positive development.

A link to the BMA News story is here.

## Inspired Medics Portfolio GP Conference Leeds— Saturday 19th May 2018

Please see the below link for further details of the Inspired Medics Portfolio GP Conference in Leeds on 19 May 2018 <a href="https://www.inspiredmedics.co.uk/careersconferenceinfo">https://www.inspiredmedics.co.uk/careersconferenceinfo</a>

## Bawa-Garba ruling - the BMA response

Chaand Nagpaul, Chair of BMA council has made a statement and this can be read here

## **Extension of Lease Incentives**

NHS England have extended the deadline for the Lease incentive scheme to **31 March 2018**. This will cover reimbursement of stamp duty, contribution to legal fees and VAT for tenants of NHS Property Services and Community Health Partnerships. While GPC welcomes the extension, they have repeatedly made the point to NHS England that the issue of service charges needs to be urgently resolved, before practices take advantage of this funding. GPC advice to practices has not changed.

Transitional funding – GPC are aware that some transitional arrangements are being offered to either:

- 1. Cover increased costs that NHSPS with to charge; or
- 2. Act as an incentive for practices to sign a new lease.

Such arrangements should only be entered into where you are entirely satisfied that when the transitional period ends you are not inadvertently left having to meet increased costs without the benefit of increased funding. In the view of BMA, transitional agreements are not the solution. More permanent arrangements which align a practices' funding to their costs are needed. Further information on these issues can be found here.

## Guidance for GPs working for an online provider

Guidance has been produced for GPs who are thinking about <u>working for an online provider</u>, whether in the NHS or privately. It covers what an online GP provider does and the main things GPs should consider before engaging with online providers.

## General practice transformation champions event

NHS England is running the third <u>General Practice Transformation Champions event</u> on 22 March at the De Vere Grand Connaught Rooms, London. The one-day conference is for anyone involved in leading improvement and transformation in general practice in the NHS. This event is free to attend. Slides from the previous events are available <u>here</u>

## **Transgender services**

The GPC have written to NHS England to express their concerns about the NHSE circular *Primary care responsibilities in regard to requests by private on-line medical service providers to prescribe hormone treatments for transgender people. NHS England has now responded and advised that:* 

'The circular has been shared in response to an increasing number of requests made to us by GPs and practice managers for advice on how to respond to <u>any</u> on-line provider that holds itself out as being expert in the assessment, diagnosis and care of gender dysphoria. <u>As NHS England is not in a position to make judgements on the competence and experience of providers whom we do not directly commission</u>, our intention is to provide GPs with an authority to refuse a request for prescribing and monitoring responsibilities where this is appropriate due to uncertainty about the online provider's expertise in this field. GPs cannot implement a blanket approach to accepting or declining responsibility for ongoing prescriptions, we must advise GPs to consider each case on its own merit.'

Although this goes some way to alleviate GPC concerns, GPs should be aware that, if they are already providing treatment for patients on the advice of third parties whose expertise they now doubt, they should not withdraw treatment before alternative routes to care for the individuals concerned can be secured. GPC guidance on gender incongruence in primary care <a href="here">here</a>.

## **Primary Care Support England (PCSE) - UPDATE**

Primary Care Support England (PCSE), also known as Capita, have been responsible for the delivery of NHS England's primary care support services since September 2015.

GPs and LMCs identified serious issues with the service from the outset, with patient safety, GP workload and GP finances being affected. Talks between the BMA, NHS England and PCSE began in a bid to raise these issues, to act quickly to resolve them and to give GPs and their practices confidence in the services PCSE provide. However, services are still falling short of what is acceptable.

To find out more about the latest developments <u>see here</u> where you will find updates including the process for case escalation for practice payments or losses.

Additionally, the GPC has demanded assurances from the Government following Capita's profit warning on 31 January. Read more <a href="https://example.com/here">here</a>

## **PCSE—Information relating to GPR reimbursements**

PCSE has recently circulated a number of documents to practices relating to the above .

#### Change in Circumstance form

The *YH Change in Circumstance* form is attached at <u>Appendix 1</u>. This has also been uploaded to the PCSE website: https://pcse.england.nhs.uk/services/gp-payments-and-pensions/yorkshire-and-the-humber/

Practices are being asked by PCSE to start using this form now to inform PCSE of changes to reimbursements to their practice. Instructions for submitting the change in circumstance form are different depending on whether the change of circumstance needs to be approved by HEE.

Notification to HEE (Pages 1 and 2)	Where to submit
Maternity leave / paternity leave / shared parental leave	Please submit the form directly to PCSE and copy in HEE (email addresses is provided at bottom of
Annual leave accrued during maternity leave	page 2)
Adoption leave	
Sick leave (where pay is affected)	
Termination of contract	
HEE approval required (Page 3 included in the	Where to submit
change)	
ARCP extension	Please submit the form directly to HEE
Planned extension (in existing practice)	gpwest.yh@hee.nhs.uk who will approve the change and send the form to PCSE (email address
Change of hours	at bottom of page 3)
Other leave	

## **PCSE—Information relating to GPR reimbursements**

#### **Maternity leave**

The Maternity Leave process is as follows:

- Complete the Change in Circumstance form and send to PCSE as soon as practicable to ensure the practice is reimbursed correctly for the duration of the mat leave
- Include return date if known, if not known it has been suggested by those at the events that duration of maternity leave be 12 months (please use dd/mm/yy please)
- If accrued annual leave is known and the dates can be provided please include those
  on the form (please use dd/mm/yy please)
- If the GP trainee is coming back on reduced hours etc please complete a Change in Circumstance before return and submit to HEE as that will need to be approved
- In order to restart payments a new salary reimbursement form needs to be completed.
   Unfortunately it is not possible to just re start the payments after maternity leave without these forms.

Help with maternity leave payments can be found on the NHS Employers website here

If you are not being reimbursed correctly for Maternity leave at the moment it is suggested that practices complete and submit a change in circumstance form to PCSE now and available here

#### New payment reimbursement forms

Attached at Appendices  $\underline{2}$ ,  $\underline{3}$  and  $\underline{4}$  are the new payment reimbursement forms for Yorkshire and Humber

- Use the payment form according to which contract the GP Specialty Trainee is on.
- Ensure all fields are completed
- Ensure salary matches one of the salary scales for 2002 or 2016 contracts

If you need support with the 2016 salaries please use the advice line <u>York-sHumber.GPadvice@sthk.nhs.uk</u>

Send the forms to the email address at the bottom of the form. A number of payment forms have been submitted for February 2018 as the GP trainees have already completed them – Jane Docherty, Senior Programme Lead, Intensive Expert Management Team, NHSE is vetting these with PCSE and some may be returned to practices if information is missing or salaries are not clear. If they are returned to practices Jane will make it clear what needs to be done. She is also available to help with any queries practices have. Her contact details are as follows:

Office: 0113 8251975, Mobile: 07900 715356, jane.docherty1@nhs.net

#### MDO and mileage expenses

The system to claim MDO and mileage has changed and from 20 December all forms will be submitted in this way:

Please visit the Contact us page of the PCSE website <a href="https://pcse.england.nhs.uk/contact-us/">https://pcse.england.nhs.uk/contact-us/</a>

- Scroll down to the enquiries form and select 'GP payment' from the drop down box in 'Type of enquiry'. Follow the instructions to get to the payment page.
- The payment forms are available on line and you can either
  - ⋄ complete electronically, save and upload or
  - Print them out and complete by hand then scan in to upload via the form or they can.

Forms submitted prior to 20 December will be processed. There is also <u>information available</u> here

## **YORLMC App**

The Corporate Affairs Team have recently had a few enquiries about creating a YORLMC app for smartphones. While we look into the potential of creating such a tool we thought you might be interested in this temporary solution. This option will store the mobile-ready version of our website to your phone homescreen. This offers you the same up-to-date guidance and content that the desktop site does, and much of the same functionality that an app would.

#### iPhone instructions

- 1: Open Safari and go to our website www.yorlmcltd.co.uk
- 2: At the bottom of the screen click on the share button (usually it's the middle option: a box with an arrow pointing up)
- 3: From the options choose 'Add to Home Screen' (a box with a plus sign in the middle, and you may need to scroll left to right until you see it)
- 4: Rename the 'app'
- 5: The logo should now be appearing on your homescreen, next to your other phone apps.

#### **Android instructions**

- 1: Launch Google Chrome for Android and go to our website <a href="www.yorlmcltd.co.uk">www.yorlmcltd.co.uk</a>
- 2: Tap the menu button and tap Add to Homescreen.
- 3: You'll be able to enter a name for the shortcut and then Chrome will add it to your home screen.

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## **Changes within practice teams**

To help YORLMC's Corporate Affairs Team keep track of changes within practice teams will Practice Managers please advise

info@yorlmcltd.co.uk when GPs join or leave the practice and when there is to be a change of Practice Manager





The GPs' own charity

BMA House, Tavistock Square, London WC1H 9JP, Registered Charity No. 261993

BMA House, Tavistock Square, London WC1H 9JP, Registered Charity No. 261993The Cameron Fund is the medical benevolent charity that provides support solely to GPs in the UK. It provides grants and loans to assist doctors and their families experiencing financial difficulties due to short or long-term illness, relationship breakdown or hardship following the actions of regulatory bodies or former partners. An increasing number of requests are being received for assistance from GPs during re-training. Interest-free loans may be available towards the expenses encountered during a return to professional work.

Anyone who knows of someone experiencing hardship is urged to draw attention to the Cameron Fund's existence.

You do not need to be a member of the <u>Cameron Fund</u> to benefit from this charity but please consider becoming a member – it is free to join and the membership form can be downloaded <a href="http://www.cameronfund.org.uk/sites/default/files/MembershipApplicationForm.pdf">http://www.cameronfund.org.uk/sites/default/files/MembershipApplicationForm.pdf</a> and returned by email to <a href="mailto:info@cameronfund.org.uk">info@cameronfund.org.uk</a> General contact details are:

Phone: 020 7388 0796

Email: enquiries@cameronfund.org.uk Web: http://www.cameronfund.org.uk/content/link-us

# YORLMC Buying Group & 'Buying Group Plus' for Federations and Provider Companies

YORLMC joined the LMC Buying Groups Federation in September 2010 to deliver savings to practices without creating any additional work or inconvenience.

All practices were given the opportunity to 'opt-in' to membership at that time and over 140 practices in North Yorkshire, Bradford and Airedale have now done so. Any practices who have not yet signed up can do so at any time.

Due to the upcoming changes to data protection regulations in May 2018, the Buying Group now need all existing members to complete a new form to ensure you can continue to access the Buying Group's service after this date: <a href="https://form.jotformeu.com/73232425890355">https://form.jotformeu.com/73232425890355</a>.

Membership entitles you to discounts on products and services provided by the Buying Group's suppliers. Membership is free and there is no obligation on practices to use all the suppliers. However, practices can save thousands of pounds a year just by switching to Buying Group suppliers. To view the pricing and discounts on offer you need to log-in to the Members section of the Buying Group website: <a href="https://www.lmcbuyinggroups.co.uk/">https://www.lmcbuyinggroups.co.uk/</a>

Not convinced the Buying Group can save your practice money? Well why not challenge them to do just that! The Buying Group offers a free cost analysis service that aims to show member practices how much money they could save just by swapping to buying group suppliers. They can also provide this service for groups of practices working together. For more information, contact the Buying Group on 0115 979 6910 or email <a href="mailto:info@lmcbuyinggroups.co.uk">info@lmcbuyinggroups.co.uk</a>.

#### LMC Buying Groups: Q&As

The following Q&As attempt to answer the most obvious questions about the Buying Group and how it operates.

#### What is the purpose of the LMC Buying Group and how does it work?

The sole purpose of the Buying Group is to save its member practices money by negotiating discounts on goods and services which practices regularly purchase. The Buying Group team negotiate with suppliers, after which they identify 'approved' suppliers, who guarantee to give you significant discounts over what you would otherwise pay for their services, in return for the Buying Group's endorsement and help in making you aware of what they offer.

#### Does it cost us anything to be part of the group?

No. All practices paying the LMC statutory/administrative levy are automatically entitled to enrol as members. The Buying Group regard this as an added value service your LMC can offer you. Should any practice cease to pay their LMC levies, they will no longer be able to access the benefits this initiative will bring.

#### Is there any obligation to take up the deals offered?

No. Each practice is free to take up or decline any of the deals the Buying Group have negotiated. If you wish to take advantage of any of the offers in question, you will be given contact details and all communications take place between you and the individual supplier\*.

Who are the Buying Group's approved suppliers?

A full list of suppliers is available on the Buying Group's website but product/service areas that the group covers includes:

- Stationery, Office Equipment and Furniture
- Medical Consumables and Equipment and Testing and Calibration
- Insurance
- Energy Broker
- Confidential Waste Shredding
- Waste Collection
- Telecoms
- Staff Uniforms
- Asbestos and Environmental Surveys
- Emergency Oxygen
- Digital Dictation Software
- Online Training Courses
- Medical Record Digital Reproduction
- Travax Website Subscription
- Website Design
- Merchant Card Services
- Royalty Free Music
- Flu vaccines

#### Your Details

When a practice signs up for Buying Group membership, they will keep your basic contact details (practice address, telephone number) on a secure database which is used for administration purposes (i.e. to identify which practices are eligible for supplier discounts). On the membership application form, they also ask you how they can use your personal data (i.e. your email address) but even if you do sign up to receive their emails you can stop them at any time by clicking the unsubscribe button.

#### What if I am not happy with the quality of goods and services supplied?

Always let the Buying Group know if you encounter any problems getting what you want, and they will endeavour to sort it out.

\*The Buying Group accepts no liability for any contract willingly entered into by a practice with an approved supplier. Practices are advised to check that the terms of any contract with suppliers are not inconsistent with those the Buying Group have negotiated and are advised to inform the Buying Group team of any discrepancy. The Buying Group do not, however, accept any responsibility for any member practices' failure to check the terms of the relevant contract and the principle of caveat emptor (buyer beware) applies in all cases. Your rights as a consumer under the Consumer Protection Act are unaffected. With respect to any services to which the provisions of the Financial Services Act 2000 might apply practices are advised to seek independent financial advice as may be appropriate.

## YORLMC Corporate Affairs Team

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