

**Update for sessional GPs (salaried and locum) working in
North Yorkshire & York
Issue 3**

Message from Dougy Moederle-Lumb, Chief Executive, YORLMC Ltd



Our records show that you are a sessional GP (salaried or locum) working in the North Yorkshire & York area - please will you let us know by emailing info@yorlmcld.co.uk if this is incorrect.

Throughout this bulletin I will refer to sessional GPs – this term will apply equally to salaried and locum GPs.

YORLMC is funded through a practice based levy which covers all GPs and as a sessional GP you have the opportunity to be represented through YORLMC Ltd at no cost to you personally. I would also like to take this opportunity to highlight that YORLMC continues to be the professional voice for all NHS GPs regardless of contractual status as well as their wider practice teams in North Yorkshire & York. It is the only statutory organisation which democratically represents the professional interests of all GPs in the area and its role is not just about GMS/PMS services but about everything that GPs and practices do in their normal working day.

YORLMC has a wealth of experience and is a source of support and information for you. This bulletin aims to provide you with timely updates and information.

So we can share appropriate information with you it will be helpful if you can email Simon Berriman (simon.berriman@yorlmcld.co.uk) who is the first point of contact for all North Yorkshire & York related matters to advise which locality you do the majority of your work in.

Accompanying this bulletin is an [update from Zoe Norris](#), Sessional GP representative for Yorkshire



& Chair of Sessional Subcommittee GPC UK. Zoe's update includes important information for sessional GPs including practical advice for dealing with the difficulties obtaining receipts for superannuation payments and annual statements as a result of the systemic failure of the services provided by primary care support England under contract to Capita. Zoe also encourages all sessional GPs to get in touch with their

LMC if you haven't already to find out what they do and how to get involved.

GMC Regional Liaison Service (RLS)

One of the functions of the RLS is the provision of interactive sessions to the profession that explain the GMC's work. These sessions also provide teaching to doctors on all aspects of GMC guidance and medical ethics. The GMC investigates approximately 3000 complaints annually and recent analysis of complaints made to the GMC reveal that in the majority of cases these have been as a result of doctors not following the appropriate GMC guidance.

In partnership with the GMC's Regional Liaison Service (RLS), YORLMC recently facilitated an event for GPs working across North Yorkshire & York and Bradford, Airedale, Wharfedale and Craven which was designed to improve understanding of the GMC's guidance and explain what happens should a doctor fall short of what is expected. Topics covered included areas of the GMC's work and guidance including confidentiality, consent, professional use of social media and maintaining

boundaries. Because we wanted the session to be as informative as possible numbers were limited to a small group. This enabled the group to work through some very useful real case scenarios and the feedback received from delegates was excellent. Further similar sessions will be held – please keep a look out for dates.

Locuming as a limited company



Faisal Baig was the Yorkshire and Humber Representative on the GPC's Sessional GP Subcommittee until recently. As more and more locums are using limited companies he has highlighted the article below as it focuses on some of the pertinent areas to consider.

<https://www.nasgp.org.uk/locuming-as-a-limited-company/>

YORLMC Ltd cannot provide individual GPs or practices with legal or financial advice. Other potential sources of legal and financial advice are available [here](#)

Criminal record checks

Criminal records checks are a requirement for employment. It is the BMA's position that employers should bear the cost of securing the appropriate certification. In the majority of cases employers either pay the fee or reimburse employees for the cost. NHS Employers recommend that any decisions on arrangements to pay the fee for criminal records checks should be done in consultation with Local Negotiating Committees. The cost of an enhanced with lists check is £44.

Further information is available at

<https://www.bma.org.uk/advice/employment/contracts/criminal-record-checks-and-declarations/criminal-record-checks>

Pastoral Support

YORLMC's Chief Executive and Officers provide personal and confidential support for individual GPs in difficulty or experiencing major change – issues may relate to health, conduct or performance.

Between us we have many years of experience of defence bodies and GMC procedures. For example in the past GPs have contacted us about issues including dependency on alcohol and drugs, stress and anxiety, conflict with colleagues and staff, colleagues struggling to cope with maintaining a high level of performance, conduct issues – both personal and professional worries.

We urge colleagues to [contact us](#) for help as early as possible when difficulties arise, to enable YORLMC to provide as much support as possible. However it is never too late to make contact.

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This Newsletter is based on the best available information.
We will endeavour to ensure you are kept informed of any changes.

To help YORLMC's Corporate Affairs Team keep track of changes within practice teams will Practice Managers please advise info@yorlmcld.co.uk when GPs join or leave the practice and when there is to be a change of Practice Manager

Individual CCGs also welcome sessional doctors informing them of their NHS email address (or private address where an NHS.net address is not held). This will enable them to send communications directly to you that they send to all other doctors working in that CCG locality.

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