

Spring 2016 update for sessional GPs (salaried and locum) working in North Yorkshire & York

Message from Dougy Moederle-Lumb, Chief Executive, YORLMC Ltd



Our records show that you are a sessional GP (salaried or locum) working in the North Yorkshire and York area - please will you let us know by emailing info@yorlmcld.co.uk if this is incorrect.

Throughout this bulletin I will refer to sessional GPs – this term will apply equally to salaried and locum GPs.

YORLMC is funded through a practice based levy which covers all GPs and as a sessional GP you have the opportunity to be represented through YORLMC Ltd at no cost to you personally.

To ensure we are able to make contact with you and that you have the opportunity to participate in the democratic and representative process which will enable you to have your voice heard locally and nationally, and to have your views represented fairly and adequately when determining and negotiating policy, it will be much appreciated if you can advise info@yorlmcld.co.uk if your contact details change. This will ensure you continue to receive our regular Newsletter and bulletins as well as updates from YORLMC's Corporate Affairs Team. The newsletter can also be accessed through the latest news section at <http://www.yorlmcld.co.uk/> and the newsletter library of previous editions at <http://www.yorlmcld.co.uk/archive/>

I would also like to take this opportunity to highlight that YORLMC continues to be the professional voice for all NHS GPs regardless of contractual status as well as their wider practice teams in North Yorkshire & York. It is the only statutory organisation which democratically represents the professional interests of all GPs in the area and its role is not just about GMS/PMS services but about everything that GPs and practices do in their normal working day.

YORLMC has a wealth of experience and is a source of support and information for you. This bulletin aims to provide you with an overview of the services that are available and includes the following information and updates.

- 1) YORLMC – a view from Andy Gammack, Districtwide Locum GP representative
- 2) The constituencies which make up the North Yorkshire Branch of YORLMC
- 3) The GPC's sessional GP sub committee
- 4) YORLMC education and training events
- 5) YORLMC's pastoral care team and how to access confidential support
- 6) The Cameron Fund - the medical benevolent charity that provides support solely to GPs in the UK
- 7) BMA guidance – quick links
- 8) How to advertise your availability for employment
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1) YORLMC – a view from Andy Gammack, Districtwide Locum GP Member

“I currently occupy the Districtwide Locum seat on the NY branch of YORLMC and have done since 2012. I work as a GP locum around the Harrogate locality mainly, occasionally straying further north and east.

Often locums see that their LMC is predominantly made up of partners, and feel that its role is really to represent GP principals and their practices. It is true that at the 2-monthly meetings I attend, a lot of time is taken up dealing with contractual matters, be they with the Area Team, CCGs, Secondary Care or local Councils.

When I am sitting there, I often think how glad I am that these issues do not directly involve me. However, it is practices that employ us locums, so it is in my interests to be aware of and understand the contractual issues they face. I certainly do get an insight into the current issues and edicts both locally and nationally, and how much work our LMC does trying to keep General Practice afloat.

Occasionally, a matter arises that is of direct relevance to locums, and that’s when I will pipe up and give my contribution. Sometimes between meetings the Corporate Affairs Team will email me for my opinion. I encourage my locum colleagues to make use of the skills and experience of the LMC as this will help you in your professional lives - examples of the type and range of support that is available is set out in the following pages

Andy Gammack
Districtwide Locum GP Member, North Yorkshire Branch
YOR Local Medical Committee Limited”

2) The constituencies which make up the North Yorkshire Branch of YORLMC

Sessional GPs make up an increasingly important section of the GP workforce in North Yorkshire & York and YORLMC is keen to welcome you and invite your contributions.

Elections to YORLMC are publicised widely and sessional GPs are entitled to stand and to vote to ensure that their collective voice can be heard on and by the Committee.

There are seats on the North Yorkshire Branch of YORLMC to which sessional GPs can be elected – these are described below.

(1) Locality constituencies

Harrogate and Rural District – 5 seats
Hambleton, Richmondshire & Whitby – 4 seats
Scarborough & Ryedale – 4 seats
Vale of York – 11 seats

All GP principals and sessional GPs carrying out all or a substantial part of their work may be a candidate in any one of the locality constituencies under (1) above in which they are qualified to stand.

There is currently a vacancy in the Scarborough & Ryedale Constituency and expressions of interest will be sought very soon - look out for nomination forms and if you are a sessional GP please consider putting yourself forward.

(2) District Wide Locum – 1 seat

(3) Districtwide GPR Constituency – 2 seats

(The electorate for these seats is restricted to GP Registrars or trainees on the Performers List on the North Yorkshire & York training schemes or their successors)

(4) Districtwide GP who received a CCT1 or CEGPR2 within the previous 5 years– 1 seat

All GP principals and sessional GPs who received a CCT1 or CEGPR2 within the previous 5 years, carrying out the majority of their work in the Hambleton, Richmondshire & Whitby, Harrogate and Rural District, Scarborough & Ryedale or Vale of York areas may be a candidate

Further information including the current sessional membership of the North Yorkshire Branch of YORLMC can be found at <http://www.yorlmcld.co.uk/services/sessional-locum-gps/>

For full membership of the Committee please see
<http://www.yorlmcld.co.uk/about-us/north-yorkshire-branch/>

3) The GPC's sessional GP sub committee

YORLMC is the link between local GPs and their national negotiating body, the General Practitioners Committee (GPC). The GPC is an established and permanent committee of the British Medical Association (BMA) and is recognised as the negotiating body for NHS GPs. In addition to being Chief Executive of YORLMC, I am a practising GP and have been elected to the GPC, so ensuring that the voice of general practice in North Yorkshire & York is heard and respected at a national level.

The GPC has a number of active sub committees, including its **Sessional GPs subcommittee** which provides national representation for all sessional GPs.

This subcommittee endeavours to:

- consider all matters of interest for sessional GPs
- lead on all GPC issues that primarily affect sessional GPs
- respond to relevant consultations affecting sessional GPs

Members of this subcommittee are able to help to influence the local situation for their fellow sessional GPs, as well as help shape BMA policy and have a say on national issues. In addition, getting involved with the subcommittee gives members an opportunity to network and share ideas and experiences as well as to raise issues of local and national concern with other sessional GPs. Every 3 years, [elections take place for sessional GPs to stand on this subcommittee](#). Following closure of the nomination process for the 2016-2019 session, voting started on 4th April 2016 and will close on Friday 6 May 2016. The results will be announced on Tuesday 10 May 2016.

The Sessional GPs subcommittee issues a regular bulletin that includes items of relevance to sessional GPs and the latest version is available at

<http://bma-mail.org.uk/t/JVX-46095-1BJCJOU46E/cr.aspx>

This is sent out automatically to all the sessional GPs on the BMA's membership database but to ensure that it gets to as many GPs working in this way as possible YORLMC also highlights it in its regular monthly newsletters.

4) YORLMC education and training events

YORLMC provides a rolling programme of educational and training events for GPs and late last year held an event that was specifically designed for sessional GPs working across North Yorkshire &

York as well as Bradford, Airedale, Wharfedale and Craven (BAWC). The event was delivered in partnership with LMC Law who addressed issues relating to employment contracts/rights and NHSE who provided updates with regard to appraisal and revalidation.

YORLMC intends to put on further events of interest to sessional GP and I welcome any requests for topics of interest - please share these with Simon Berriman at the Corporate Affairs Team – simon.berriman@yorlmc Ltd.co.uk

5) YORLMC's pastoral care team and how to access confidential support

YORLMC has a comprehensive pastoral care team and robust policies. It provides personal and confidential support for individual GPs (and practices) in difficulty or experiencing major change – this can be anything ranging from helping an individual GP with stress for whatever reason to full support through performance procedures, suspension etc. This includes attendance at performance meetings plus support getting appropriate medical care when required.

I am especially keen that individuals do not delay in contacting me if they are experiencing difficulty I can be contacted in the first instance through any member of the Corporate Affairs Team – contact details below.

6) The Cameron Fund

I am a Trustee of the Cameron Fund which is the medical benevolent charity that provides support solely to GPs in the UK. It provides grants and loans to assist doctors and their families experiencing financial difficulties due to short or long-term illness, relationship breakdown or hardship following the actions of regulatory bodies or former partners. An increasing number of requests are being received for assistance from GPs during re-training. Interest-free loans may be available towards the expenses encountered during a return to professional work.

Anyone who knows of someone experiencing hardship is urged to draw attention to the [Cameron Fund's](#) existence.

7) BMA guidance – quick links

YORLMC is not able to provide advice relating to contracts of employment but the BMA offers support on all aspects of sessional GP contracts, from locum pension contributions to the model contract for salaried GPs and guidance on this and other related matters can be found at <http://www.bma.org.uk/support-at-work/contracts/gp-contracts-and-funding/sessional-gps>

The BMA also provides guidance specifically for locum GPs, for example Locum agreements in General Practice and guidance on fees for locum services. There is also an e-learning module on how to be a successful locum GP. These can also be access using the link to the BMA website immediately above.

8) How to advertise your availability for employment

YORLMC accepts advertising requests from the following sources:

- GP practices and groups of practices seeking to fill GP and staff vacancies
- GPs seeking work in Bradford, Airedale, Wharfedale, Craven, North Yorkshire & York

Adverts feature in our monthly Newsletters which are on our website and are circulated to GPs and Practice Managers in Bradford, Airedale, Wharfedale & Craven and North Yorkshire & York. If you

would like to advertise your availability for employment then please email info@yorlmc ltd.co.uk for further information and our very competitive advertising rates.

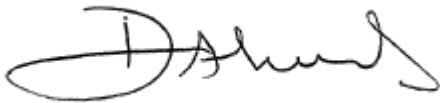
9) Contact details – YORLMC's Corporate Affairs Team

Simon Berriman (simon.berriman@yorlmc ltd.co.uk) and Stacey Fielding (stacey.fielding@yorlmc ltd.co.uk) are the first point of contact for all North Yorkshire & York related matters. They can also be contacted on 01423 879922.

An overview of the roles of individual members of YORLMC's Corporate Affairs Team can be found at <http://www.yorlmc ltd.co.uk/about-us/the-corporate-affairs-team/> and any member of the team will be pleased to assist you.

I hope you have found this update helpful and informative.

With best wishes



Dougy Moederle-Lumb
Chief Executive

***This update is based on the best available information.
We will endeavour to ensure you are kept informed of any changes.***

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