

**Spring 2016 update for sessional GPs (salaried and locum) working in
Bradford, Airedale, Wharfedale and Craven**

Message from Dougy Moederle-Lumb, Chief Executive, YORLMC Ltd



Our records show that you are a sessional GP (salaried or locum) working in the Bradford, Airedale, Wharfedale and Craven areas - please will you let us know by emailing info@yorlmcld.co.uk if this is incorrect.

Throughout this bulletin I will refer to sessional GPs – this term will apply equally to salaried and locum GPs.

YORLMC is funded through a practice based levy which covers all GPs and as a sessional GP you have the opportunity to be represented through YORLMC Ltd at no cost to you personally.

To ensure we are able to make contact with you and that you have the opportunity to participate in the democratic and representative process which will enable you to have your voice heard locally and nationally, and to have your views represented fairly and adequately when determining and negotiating policy, it will be much appreciated if you can advise info@yorlmcld.co.uk if your contact details change. This will ensure you continue to receive our regular Newsletter and bulletins as well as updates from YORLMC's Corporate Affairs Team. The newsletter can also be accessed through the latest news section at <http://www.yorlmcld.co.uk/> and the newsletter library of previous editions at <http://www.yorlmcld.co.uk/archive/>

I would also like to take this opportunity to highlight that YORLMC continues to be the professional voice for all NHS GPs regardless of contractual status as well as their wider practice teams in Bradford, Airedale, Wharfedale & Craven. It is the only statutory organisation which democratically represents the professional interests of all GPs in the area and its role is not just about GMS/PMS services but about everything that GPs and practices do in their normal working day.

YORLMC has a wealth of experience and is a source of support and information for you. This bulletin aims to provide you with an overview of the services that are available and includes the following information and updates.

- 1) YORLMC – a view from Mais Al-Hity, one of your sessional representatives
- 2) The constituencies which make up the Bradford & Airedale Branch of YORLMC
- 3) The GPC's sessional GP sub committee
- 4) YORLMC education and training events
- 5) YORLMC's pastoral care team and how to access confidential support
- 6) The Cameron Fund - the medical benevolent charity that provides support solely to GPs in the UK
- 7) BMA guidance – quick links
- 8) How to advertise your availability for employment
- 9) Contact details – YORLMC's Corporate Affairs Team

1) YORLMC – a view from Mais Al-Hity, sessional GP, Bradford Districts Locality

“I joined YORLMC as a GP trainee representative during my time on the Airedale VT scheme in 2014. I was then co-opted as a member for a short time, and more recently elected appointed a seat as a Bradford Districts LMC Representative.

As a GP trainee member I was fortunate to attend the Annual LMCs Conference in London in May last year. This was a great experience to be able to debate and discuss the most pressing issues we face daily as GPs and vote on these motions. Being offered the opportunity to be a first time speaker at conference was exciting and invaluable in echoing the concerns of fellow GPs with regards to the changes to access of occupational health services for GPs.

Being on the LMC gives the opportunity to meet with other sessional GP colleagues, GP principals and trainees working across Bradford, Airedale, Wharfedale and Craven and even more widely across North Yorkshire & York to raise awareness of issues affecting sessional colleagues.

What is truly invaluable about my experience as an LMC member is being able to access up to the minute information about key issues both at a local and national level, particularly relating to commissioning and the secondary care and primary care interface. This has been enhanced having taken up the recent role as Clinical Specialty Lead Children and Young People across the local CCGs. Networking with colleagues across the district at various meetings has allowed me to become more informed of the issues we face, and LMC provides a good platform to share these.

Mais Al-Hity
GP Member, Bradford & Airedale Branch
YOR Local Medical Committee Limited”

2) The constituencies which make up the Bradford & Airedale Branch of YORLMC

Sessional GPs make up an increasingly important section of the GP workforce in Bradford, Airedale, Wharfedale and Craven and YORLMC is keen to welcome you and invite your contributions.

Elections to YORLMC are publicised widely and sessional GPs are entitled to stand and to vote to ensure that their collective voice can be heard on and by the Committee.

There are seats on the Bradford & Airedale Branch of YORLMC to which sessional and locum GPs can be elected – these are described below.

- (1) Locality constituencies
 - Airedale Wharfedale Craven Constituency - 4 seats
 - Bradford City Constituency - 3 seats
 - Bradford District Constituency - 9 seats

GP principals and salaried GPs may be a candidate in any one of the locality constituencies under (1) above in which they are qualified to stand.
There is currently a vacancy in the Bradford District Constituency and expressions of interest will be sought very soon - look out for nomination forms and if you are a salaried GP please consider putting yourself forward

- (2) District Wide – 4 seats

All GPs (principals, salaried and freelance (locum)) may offer themselves as candidates in constituencies (2) and (4) see below (if within 5 years of qualification)

(3) GP Registrars – 2 seats

(The electorate for these seats is restricted to GP Registrars or trainees on the Performers List on the Bradford and Airedale training schemes or their successors)

(4) Districtwide GP who received a CCT1 or CEGPR2 within the previous 5 years – 1 seat

Further information including the current sessional membership of the Bradford & Airedale Branch of YORLMC can be found at <http://www.yorlmc.co.uk/services/sessional-locum-gps/>

For full membership of the Committee please see <http://www.yorlmc.co.uk/about-us/bradford-airedale-branch/>

3) The GPC's sessional GP sub committee

YORLMC is the link between local GPs and their national negotiating body, the General Practitioners Committee (GPC). The GPC is an established and permanent committee of the British Medical Association (BMA) and is recognised as the negotiating body for NHS GPs. In addition to being Chief Executive of YORLMC, I am a practising GP and have been elected to the GPC, so ensuring that the voice of general practice in Bradford, Airedale, Wharfedale & Craven is heard and respected at a national level.

The GPC has a number of active sub committees, including its Sessional GPs subcommittee which provides national representation for all salaried and locum GPs.

This subcommittee endeavours to:

- consider all matters of interest for sessional GPs
- lead on all GPC issues that primarily affect sessional GPs
- respond to relevant consultations affecting sessional GPs

Members of this subcommittee are able to help to influence the local situation for their fellow sessional GPs, as well as help shape BMA policy and have a say on national issues. In addition, getting involved with the subcommittee gives members an opportunity to network and share ideas and experiences as well as to raise issues of local and national concern with other sessional GPs. Every 3 years, [elections take place for sessional GPs to stand on this subcommittee](#). Following closure of the nomination process for the 2016-2019 session, voting started on 4th April 2016 and will close on Friday 6 May 2016. The results will be announced on Tuesday 10 May 2016.

The Sessional GPs subcommittee issues a regular bulletin that includes items of relevance to sessional GPs and the latest version is available at

<http://bma-mail.org.uk/t/JVX-46095-1BJCJOU46E/cr.aspx>

This is sent out automatically to all the sessional GPs on the BMA's membership database but to ensure that it gets to as many sessional GPs as possible YORLMC also highlights it in its regular monthly newsletters.

4) YORLMC education and training events

YORLMC provides a rolling programme of educational and training events for GPs and late last year held an event that was specifically designed for sessional GPs working across Bradford, Airedale, Wharfedale and Craven (BAWC) as well as North Yorkshire & York. The event was

delivered in partnership with LMC Law who addressed issues relating to employment contracts/rights and NHSE who provided updates with regard to appraisal and revalidation.

YORLMC intends to put on further events of interest to sessional GPs and I welcome any requests for topics of interest - please share these with Kate Mackenzie at the Corporate Affairs Team – kate.mackenzie@yorlmccltd.co.uk

5) YORLMC's pastoral care team and how to access confidential support

YORLMC has a comprehensive pastoral care team and robust policies. It provides personal and confidential support for individual GPs (and practices) in difficulty or experiencing major change – this can be anything ranging from helping an individual GP with stress for whatever reason to full support through performance procedures, suspension etc. This includes attendance at performance meetings plus support getting appropriate medical care when required.

I am especially keen that individuals do not delay in contacting me if they are experiencing difficulty I can be contacted in the first instance through any member of the Corporate Affairs Team – contact details can be found below.

6) The Cameron Fund

I am a Trustee of the Cameron Fund which is the medical benevolent charity that provides support solely to GPs in the UK. It provides grants and loans to assist doctors and their families experiencing financial difficulties due to short or long-term illness, relationship breakdown or hardship following the actions of regulatory bodies or former partners. An increasing number of requests are being received for assistance from GPs during re-training. Interest-free loans may be available towards the expenses encountered during a return to professional work. Anyone who knows of someone experiencing hardship is urged to draw attention to the [Cameron Fund's](#) existence.

7) BMA guidance – quick links

YORLMC is not able to provide advice relating to contracts of employment. However the BMA offers support on all aspects of sessional GP contracts, from locum pension contributions to the model contract for salaried GPs and guidance on this and other related matters can be found at <http://www.bma.org.uk/support-at-work/contracts/gp-contracts-and-funding/sessional-gps>

The BMA also provides guidance specifically for locum GPs, for example Locum agreements in General Practice and guidance on fees for locum services. There is also an e-learning module on how to be a successful locum GP. These can also be access using the link to the BMA website immediately above.

8) How to advertise your availability for employment

YORLMC accepts advertising requests from the following sources:

- GP practices and groups of practices seeking to fill GP and staff vacancies
- GPs seeking work in Bradford, Airedale, Wharfedale, Craven, North Yorkshire & York

Adverts feature in our monthly Newsletters which are on our website and are circulated to GPs and Practice Managers in Bradford, Airedale, Wharfedale & Craven and North Yorkshire & York. If you would like to advertise your availability for employment then please email info@yorlmccltd.co.uk for further information and our very competitive advertising rates.

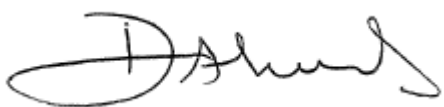
9) Contact details – YORLMC's Corporate Affairs Team

Kate Mackenzie (kate.mackenzie@yorlmcld.co.uk) is the first point of contact for all Bradford, Airedale, Wharfedale and Craven related matters. Kate can also be contacted on 01423 879922.

An overview of the roles of individual members of YORLMC's Corporate Affairs Team can be found at <http://www.yorlmcld.co.uk/about-us/the-corporate-affairs-team/> and any member of the team will be pleased to assist you.

I hope you have found this update helpful and informative.

With best wishes



Dougy Moederle-Lumb
Chief Executive

**This update is based on the best available information.
We will endeavour to ensure you are kept informed of any changes.**

YORLMC Ltd Disclaimer

YORLMC Limited does not provide legal or financial advice and thereby excludes all liability howsoever arising in circumstances where any individual, person or entity has suffered any loss or damage arising from the use of information provided by YORLMC Limited in circumstances where professional legal or financial advice ought reasonably to have been obtained. YORLMC Limited provides representation, guidance and support to GPs and practices in the North Yorkshire and Bradford and Airedale areas. YORLMC Limited strongly advises individuals or practices to obtain independent legal/financial advice. Articles and adverts included in this newsletter must not be assumed to be endorsed by YORLMC Ltd.