Safeguarding Newsletter – January 2016



North (Yorkshire and The Humber)

Sharing learning from Yorkshire and the Humber safeguarding (serious incidents)



The following recommendations were made for Primary Care following reviews on safeguarding (children and adult serious incidents and domestic homicides) in Yorkshire and the Humber:

Record keeping

- Clinicians should routinely assess and note in their records if they suspect domestic violence
- Clinicians should consistently document the patients' capacity when a patient refuses treatment
- Clinicians should ensure they follow <u>General</u>
 <u>Medical Council (GMC) guidelines</u> to ensure records
 are understandable to other healthcare
 professionals.

Information for patients

- GP practices should have up-to-date details regarding voluntary and statutory organisations that provide support to victims of domestic abuse
- GP practices staff should have information on and easy access to interpreting services for their patients
- GP practices should have a process for escalating concerns for patients who do not attend appointments where known vulnerabilities exist

Practice management

- Monthly meetings with multi-disciplinary team (especially Health visitor team linked to the practice) should take place to discuss vulnerable families, share intelligence and agree any actions
- Ongoing dementia training should be provided for all relevant staff working in the GP practice.

Female Genital Mutilation (FGM)

A pocket book – Female Genital Mutilation: A guide for health care professionals has been produced by

NHS England - North (Yorkshire and the Humber) for healthcare professionals and can be accessed in the link below:

https://www.england.nhs.uk/north/our-work/safeguarding/

Copies will be available via Clinical Commissioning Group (CCG) safeguarding teams, attendance at FGM events planned in West Yorkshire on **28 January 2016** at the National Mining museum in Wakefield, and at cervical screening updates.

FGM Support materials are available to order now, free of charge, from the Home Office FGM Unit. The order form below should be completed and emailed onto FGMenquiries@homeoffice.gsi.gov.uk



FGM materials order form (Dec2015).docx

A new website has been launched this week by teenagers to help educate other young people about FGM and what steps they can take to stop it. Further information can be found in the link below: https://www.gov.uk/government/news/youth-led-website-launched-to-end-fgm

Child Sexual Exploitation (CSE)



Leeds Safeguarding Children Board ran their 'Party Animals' campaign during December 2015 and January 2016 to help raise awareness of Child Sexual Exploitation. Further information can be found on their website in the link below:

www.leedslscb.org.uk/partyanimals

In West Yorkshire a revised CSE Risk Assessment tool has been published by the Safeguarding Children Boards, which is included in the West Yorkshire Procedures. The tool can be accessed here.

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Safety alert - Emerging use of Pervitin

The increased use of Pervitin (a type of methamphetamine) has been identified by the police within Yorkshire, which is **linked to human trafficking and CSE incidents**. The key effects and risks of methamphetamine include:

- Feeling very up, exhilarated, alert and awake
- Feeling agitated, paranoid, confused and aggressive.
- It can also lead to reduced appetite, increased levels
 of activity and feelings of arousal, lowered inhibitions
 and increased heart rate and blood pressure, raising
 the risk of heart attack.
- As inhibitions are lowered and libido increased, methamphetamine use can lead to unsafe sex, transmission of sexually transmitted disease or unplanned pregnancy. There are some local reports of high rates of methamphetamine injecting and very high risk sexual behaviours in LGBT patients and sex rings.

There's evidence that long-term methamphetamine use can cause brain damage, although this gradually gets better if the user stays off the drug for a long time. The crystal form of methamphetamine, sometimes called Crystal Meth or Ice, is extremely powerful and addictive. Some compare it to 'crack cocaine' as both are smoked and give an intense, powerful 'high' followed by a very severe 'comedown', and both are very addictive.

Human trafficking - training



Human trafficking e-learning can be accessed via this link: http://www.e-lfh.org.uk/programmes/modern-slavery

The National Crime Agency report reveals 21% rise in potential victims, the full report can be accessed in the link below:

http://www.nationalcrimeagency.gov.uk/news/779-nca-human-trafficking-report-reveals-21-rise-in-potential-victims

Useful information/resources



The NHS Youth Forum have developed a series of 'Youth Rights in Healthcare' posters and leaflets for young people focusing on their right to consent, complaint and provide feedback on services they receive. Further information can be found in the link below:

https://www.england.nhs.uk/ourwork/patients/public-voice/yth-for

Leeds Domestic Violence Service



Get comfortable talking about it is a campaign to encourage people to think, talk and ask questions about domestic violence and abuse. Further information can be found in the link below: http://www.leeds.gov.uk/c/Pages/domesticviolence/G etComfortableTalkingAboutDomesticViolence.aspx

NHS England Safeguarding Conference

NHS England, North Region hosted by Yorkshire and the Humber Safeguarding Network are holding a Safeguarding Conference - Challenges for Modern Day Safeguarding in Practice on 11 March 2016. For further details or to book a place please click on the link below:

https://www.eventbrite.co.uk/e/challenges-for-modern-day-safeguarding-practice-tickets-20623035053