

## Support for GP Colleagues Experiencing Financial Crisis

Accident, short or long-term illness, depression and other mental ill-health, bereavement, relationship breakdown, divorce, as well as professional problems. These life-changing events can happen to any one of us, at any time and result in loss of income. The Cameron Fund is the only medical charity which solely supports General Practitioners and their dependent family members. <u>Any contact made is treated in the strictest confidence.</u>

- We provide support for GPs and their dependent families who are suffering financial hardship.
- We can help GPs and former GPs, GP Trainees who are progressing on a specialty programme, as well as the dependent family of GPs.
- We give grants towards monthly living expenses, replacement of essential items, professional subscriptions, courses and other costs relating to a return to work.
- We offer Money Advice to help maximise income, reduce expenditure, access all available State Benefits and renegotiate debts.
- We can provide loans to assist with exam fees, essential repairs and adaptations.
- We may pay for Career Coaching when a return to clinical work is not an option.

The Fund was formed in 1970, when Sir James Cameron proposed that some unused Department of Health funds be re-allocated to provide support to those colleagues who were unable to work and facing poverty. Until a decade ago most applicants were retired GPs, or their widows – whereas last year over half of the applications received were from working-age doctors.

## Employment Status Applicants 2021 GP Trainee 17% Not on Register 3% Registered GP 37% Retired GP 7% Dependant of GP 35%

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## How we helped GPs in 2021:

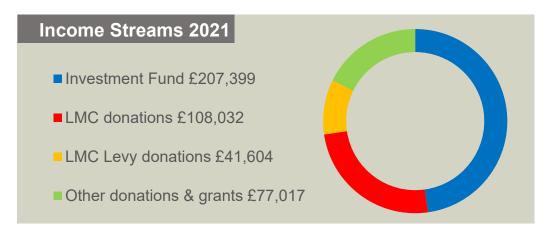
- Considered 171 enquiries
- Helped 165 beneficiaries
- Awarded grants, loans and money advice totaling £301,913
- Gave grants to 97 beneficiaries and their families
- Provided interest-free loans to 23 beneficiaries
- Awarded student allowances to 16 dependents of GPs
- Sent Christmas gifts to 113 beneficiaries

After an unprecedented demand for our help and our highest ever grant awards in 2020, demand dropped back to more normal levels in 2021. However, in monetary terms, the assistance we provided was only marginally less than in 2020 as GP families needed higher levels of support. We expect this trend to continue in 2022 as the cost of living increase affects struggling families.

To be eligible for our help, applicants must be in hardship, i.e. unable to cover their essential monthly expenditure, claiming all possible State Benefits and have minimal savings. Applicants with savings in excess of the threshold for claiming means-tested benefits are unlikely to be eligible.

Almost half of our income comes from the original investment fund. However, for the rest, we rely on donations from General Practice – either from LMCs, medical organisations or individual GPs.

Funding which is not given direct to beneficiaries is used to provide help and guidance to applicants, promotion of the Fund to potential beneficiaries and funders, and to support the administration and governance of the Fund in compliance with Charity Commission requirements.



We rely on fellow GPs and LMCs to spread the word about the Cameron Fund to colleagues in crisis who need our help. You can show your support for our work by becoming a Member of the Cameron Fund. Membership is free but many members choose to support us with a regular donation.

To find out about applying for help, the ways you can raise funds or give a donation, and/or become a Member, go to <u>www.cameronfund.org.uk</u> or email <u>info@cameronfund.org.uk</u>. We look forward to hearing from you!