

SESSIONAL GP BULLETIN: March 2022

Dear Colleagues

Though its work YORLMC seeks to provides representation, support, and opportunity to all its GP constituents including sessional, Locum and portfolio colleagues. This includes:

- support and advice to individual constituent GPs on all matters that might affect them in their professional lives.
- representation for GPs working outside practice organisations/structures providing them with a voice and opportunity to input into local issues and discussions
- tailored, individual pastoral support, mentoring and well-being services provided by GP colleagues with experience of sessional/portfolio working
- regular updates on the key national and local developments which impact on day to day working for GPs and future of the profession
- information and updates on training opportunities and providers
- regularly updated information on local vacancies across the YORLMC region.
- bi-monthly locality meetings providing opportunity to network and engage in discussion with local Trust and CCG representatives.
- wider links into developments and initiatives across the ICS.
- mechanisms to regularly gather, share and reflect on constituent GP views and opinions was a means to inform and drive positive and impactful change for GPs working across the YORLMC footprint



YORLMC strives to be truly representative of all sections of General Practice, working to ensure that everyone feels respected, heard, and supported. YORLMC's role is not just about GMS/PMS services but encompasses the wider landscape and matters impacting on GPs and their day to day working. We will shortly be contacting portfolio, sessional and Locum colleagues to ask for your thoughts on how we continue to build and develop our services so that they remain relevant and of value to you.

With best wishes, Brian

Q&A Session with Brian McGregor

GPs and practice staff across the YORLMC area are invited to join a monthly Q&A session hosted by YORLMC Medical Secretary and COVID-19 lead Dr Brian McGregor. Brian is the elected General Practitioners Committee (GPC) member for North Yorkshire & York and Bradford & Airedale.

YOR Local Medical Committee Limited (YORLMC Ltd)

Registered office: First Floor, 87-89 Leeds Road, Harrogate, North Yorkshire, HG2 8BE

t. 01423 879922 f. 01423 870013 e. info@yorlmcld.co.uk w. www.yorlmcld.co.uk

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Chief Executive: Mrs Angela Foulston

Medical Secretary: Dr Brian McGregor

Each Q&A session will start with a brief update on a range of topics. Time will also be given to individual questions and discussion on any topic. This Q&A event will take place on a monthly basis. For information on this and other forthcoming events please visit <https://www.yorlmcld.co.uk/events>

YORLMC Locality Meetings 2022

YORLMC locality meetings continue to be held virtually and provide opportunity to engage in discussions with CCG, local Trusts, GP colleagues and Practice Managers across the locality on a range of topics. Further information along with dates for the scheduled 2022 meetings can be found [here](#) for North Yorkshire Branch and [here](#) for Bradford and Airedale Branch.

If you are interested in attending a meeting, please contact the Executive Officer listed below to request a copy of the agenda and the joining details.

- **Bradford:** Kate.mackenzie@yorlmcld.co.uk
- **Airedale/Wharfedale/Craven:** Kate.mackenzie@yorlmcld.co.uk
- **Vale of York:** Jack.burgess@yorlmcld.co.uk
- **Scarborough/Ryedale:** Jack.burgess@yorlmcld.co.uk
- **Hambleton/Richmondshire/Whitby:** sandra.warriner@yorlmcld.co.uk
- **Harrogate & Rural District** sandra.warriner@yorlmcld.co.uk

Humanitarian Crisis in Ukraine

David Wrigley Deputy Chair BMA council has written to the Foreign Secretary (cc'ing in Mr Sajid Javid and Prof Sir Chris Whitty) asking for their urgent attention on helping Ukrainian medical colleagues with critical medical and humanitarian supplies. A copy of this letter can be found [here](#). The following email contact dwrigley@bma.org.uk is available for friends, family or colleagues affected by this situation to seek help and advice. Thoughts and ideas how the profession can help and offer support are also invited.

Pensions Information

Type 2 Self-Assessment Forms

PCSE advise that some Pension Scheme Members have experienced difficulties when accessing draft self-assessment forms that have been "saved for later". PCSE advise that these can be found by clicking on "Self-Assessment - Type 2" and then "NHS Pension Scheme Annual Listing". Please click [here](#) to read the PCSE guide.

The Type 2 self-assessment form is a mechanism for NHS Pensions to ensure that Type 2 GPs have paid the correct pension contribution tier across all their pensionable roles (excluding officer roles). Completion of the form is a legal requirement of the NHS pension scheme and the responsibility of the individual GP. You have until 7 March 2022 to submit your type 2 form via the PCSE portal.

Dr. Krishan Aggarwal, Deputy Chair of the Pensions Committee and Deputy Chair of the Sessional, GPC UK has provided information here which may help sessional GPs navigate the pensions system which includes the Type 2 self-assessment process. Please follow the link [here](#) for this information.

Transitioning to the 2015 scheme (April 2022)

From 31 March 2022, continued accrual in the 1995 and 2008 sections will cease for all members. Future accrual for anyone who is a member of the NHS pension scheme will only be in the 2015 scheme in relation to service from 1 April 2022 onwards.

GPs who have maintained enhanced protection under the 1995 or 2008 sections, will lose this on transition to the 2015 scheme on 1 April 2022 and may therefore wish to consider their options. Information from the BMA regarding transition to the 2015 scheme and the potential impact of this can be found [here](#)

Mandatory Vaccination of Health and Care Staff in England

The Secretary of State for Health, Sajid Javid [announced](#) that healthcare workers will not require COVID vaccination as a condition of deployment, which the [BMA has welcomed](#) due to the policy's potentially devastating impact on workforce numbers.

However, there is still a professional responsibility for health and social care staff to be vaccinated. It is also a requirement for employers to ensure that employees are protected from infection. Therefore, practices and employers of health care workers may seek to identify non-vaccinated members of staff and risk assess their roles to determine whether they should be redeployed into a non-patient-facing role.

Each case will be different depending on the level of risk, the potential other mitigations, the reasons for not getting vaccinated, and the practice set-up. Read more in the BMA [guidance on risk assessments](#), in particular the sections 'After the risk assessment' and 'The approach in primary and secondary care'.

Humber, Coast and Vale Health and Care Partnership Workforce Survey

Humber, Coast and Vale Health and Care Partnership have launched their 2022 workforce survey, with the aim to ensuring everyone working, volunteering, or looking after local people in the Humber, Coast and Vale area, stays physically and mentally well, including care workers and volunteers.

Whatever your role or organisation, the Partnership is asking all staff to tell them what health and wellbeing sessions/events they would like to support them mentally and physically in the year ahead. Examples of some of the things the Health and Wellbeing team delivered in 2021, include workshops around menopause, desk-based exercises, men's health, stress/trauma, and sleep, among many other topics.

The survey can be completed [here](#). It takes less than five minutes to complete and can be done anonymously. The survey is open until Monday; 7th March 2022. These are incredibly challenging times for the NHS and for all Partnership staff, and it's more important than ever that health and wellbeing services are designed to meet everyone's needs, your thoughts and views will be important in influencing the support available.

The Fuller Stock-take

Professor Claire Fuller MBBS DRCOG MRCGP has been asked to lead a wide-ranging national stocktake of how primary care can best be supported within the emergent Integrated Care Systems (ICSs) to meet the health needs of people in their local areas. GPs can take the opportunity to input into this review by adding comments and ideas to the [Stocktake Crowdcity](#) page. A blog written by Claire Fuller explaining what she hopes to achieve and how you can participate in the stocktake is available [here](#).

Roll out of Digital Locum Banks

Dr Paula Wright executive member of the BMA sessional GP committee has written a [blog](#) discussing the introduction of digital locum banks as part of the transfer to the ICS system. The winter access fund includes an expectation for all parts of the country to have established a digital locum bank model or pool by December 2021. These pools are intended to engage local GPs who can deliver additional sessions, connecting them

with practices holding vacant shifts. In her blog Dr Wright considers the impact both positive and negative these pools can have on sessional GPs.

BMA Sessional GPs Committee Elections 2022-25

The BMA Sessional GPs committee (SGP) is holding elections for the following seats: one representative from each of the 10 regions in England, one representative from Wales, one representative from Northern Ireland and one representative from Scotland. If elected, candidates will take up their seats on the subcommittee in July 2022 and will serve for three BMA sessions, from 2022-2025

You must be a BMA member to nominate in this election. The deadline for nominations is 12pm Tuesday 29th March 2022 and voting will take place from 12pm Friday 1st April to 12pm Friday 29th April 2022. You do not need to be a BMA member to vote. However, you will need a BMA website account to use the online election system. Further information about the SGP and how you can take part in the election process can be found [here](#)

COVID 19 Memorial Service

On the 16 March, 12–12.45pm the BMA are hosting a memorial service to reflect on the incredible work undertaken by doctors during the pandemic and commemorate those who died from COVID-19. A link to the live online broadcast can be accessed [here](#).

General Practice Mentoring plus (GPMplus)

There are times when a confidential chat with an empathetic colleague with no vested interest can make a huge positive difference, whether we need support or a challenge to develop ourselves further. The GPMplus service provides an opportunity for GPs working within the YORLMC area to receive mentoring by trained colleagues. All GPMplus mentors, in addition to having been trained as coaches, have wide experience of working in General Practice and so, where appropriate, they are able to offer advice based on experience as well as using their coaching skills.

As these areas of work are directly supported by local commissioners through the use of GPFV grant funding, the GPMplus mentoring service is free at the point of access. This offer covers GPs, Practice Managers, Nurses, and other practice staff with leadership responsibilities, working in the catchment areas of: YORLMC, Leeds LMC, Kirklees LMC, Calderdale LMC, Wakefield LMC, and Humberside group of LMCs.

In addition to mentoring support, GPMplus also provides a range of wellbeing related educational programmes available to North Yorkshire and Bradford & Airedale GPs currently. Courses currently available are:

- Crisis to Clarity – 1.5 hour course
- Having Deeper Conversations – Full day course
- Personal Resilience and Wellbeing Programme – Half day course

Information is available on the YORLMC website <https://www.gpmplus.co.uk/events> further courses will be added to this offer over the coming months.

The Cameron Fund

The [Cameron](#) Fund is the GPs' own charity. It is the only medical benevolent fund that solely supports general practitioners and their dependents. The fund provides support to GPs and their families in times of financial need, whether through ill-health, disability, death, or loss of employment. It also helps those who are already suffering from financial hardship and those who are facing it. This [video](#) gives a short introduction to the Cameron Fund. Whether you work as a salaried

or locum GP or are now retired - if you are experiencing hardship due to a reduced income and are struggling with debts, please contact the Cameron fund on info@cameronfund.org.uk

Locality CCG Bulletins

North Yorkshire, Vale of York and Bradford CCGs send out regular GP practice bulletins. These provide a useful source of local information for GPs and practices on a wide variety of matters including clinical updates, learning and development opportunities, practice management and local news and updates. These bulletins can be circulated to individual GPs by request. If you are interested in receiving the bulletin for your local area, please contact the relevant CCG on the following email address and ask to be added to the circulation list.

- Updates for GP Practices Bradford District and Craven CCG: communications@bradford.nhs.uk
- Practice Bulletin VOY CCG: voyccg.communications@nhs.net
- GP Practice Bulletin NY CCG: nyccg.engagement@nhs.net

NHSmail for locum GPs

All locum GPs are entitled to an NHS email address. This will allow you to share patient and sensitive information securely with your practice and access local and national updates as part of the network. Information can be found [here](#) on how to apply for an NHS email as a locum GP.

YORLMC - GP Vacancies Page

The YORLMC website includes a vacancies page at <https://www.yorlmc.co.uk/jobs>. This page is regularly updated with current vacancies and details of GPs seeking work. NHS Practices and GPs in the YORLMC area can place adverts on this page free of charge. To place an advert please email info@yorlmc.co.uk. You can also Follow [YORLMC](#) on Twitter for the latest updates and job listings.