

SESSIONAL GP BULLETIN: June 2021

Dear Colleagues

GPs and practices are under unprecedented pressure, delivering a far greater number of consultations with almost 5 million more appointments in March than they did in January, and nearly 3 million more than they did in the same month two years ago, long before the onset of the pandemic. Full analysis of the latest GP workforce and activity data can be found on the BMA's COVID survey page.

This is not just due to the COVID-19 pandemic, but also the major scale of the NHS backlog with millions more waiting for treatment, combined with falling numbers of GPs relative to the growing population, despite government pledges to address this. On top of this GPs and their teams are working incredibly hard to deliver the hugely impressive COVID vaccination programme quickly and effectively.



GPs must be trusted to lead and given the autonomy to look after their patients as they think best in their expert judgement. GPC England and BMA, as well as YORLMC, are here to support you in doing that. Over the next few weeks, the BMA will be producing a series of support and guidance resources which YORLMC will share via our newsletter. If you do not receive the YORLMC newsletter on a regular basis, please contact info@yorkmcltd.co.uk to be added to the distribution list.

At this time of great stress and pressures, the wellbeing of ourselves and our colleagues is particularly important. YORLMC has collated a series of resources which you may find of help - please see [this page](#) for more details. In addition to this, YORLMC has a comprehensive pastoral care team with many years' experience who are able to provide personal and confidential support for individual GPs and practices in difficulty or experiencing major change. Click [here](#) for more information.

With best wishes,

Brian

Q&A Session with Brian McGregor

GPs and practice staff across the YORLMC area are invited to join a Q&A session on Thursday 24th June 7pm – 8pm via Zoom. The session will be hosted by YORLMC Medical Secretary and COVID-19 lead Dr Brian McGregor. Brian also serves on the national GPC as the representative for North Yorkshire & York and Bradford & Airedale.

The session will start with a brief update on a range of topics including GPDRP, medical examiner role, winter booster/flu programme. After this time will be given to individual questions and discussion on any topic. To book onto this event please visit <http://www.yorlmc.co.uk/events/12311>

Locality CCG Bulletins

North Yorkshire, Vale of York and Bradford CCG's send out regular GP practice bulletins. These provide a useful source of local information for GPs and practices on a wide variety of matters including clinical updates, learning and development opportunities, practice management and local news and updates. These bulletins are mailed out to local practices and can be circulated to individual GPs by request. If you are interested in receiving the bulletin for your local area, please contact the relevant CCG on the following email address and ask to be added to the circulation list.

- Updates for GP Practices - Bradford District and Craven CCG. communications@bradford.nhs.uk
- Practice Bulletin - VOY CCG voycastlecommunications@nhs.net
- GP Practice Bulletin- NY CCG: nyccg.engagement@nhs.net

GP Pay and Pensions Portal

PCSE's new pay and pension system was launched on 1 June and 3,500 GPs have logged onto the system so far. Prior to using the portal for pay/pension purposes GPs are advised to log on and check their details and data. Any issues identified should be [raised with PCSE](#) at the earliest opportunity. If you have not received emails from PCSE since 30th May, it is advisable to contact pcse.user-registration@nhs.net to ensure that PCSE have your information on their systems. PCSE has posted user guidance for [practices](#) and [GPs](#) on their website. We would encourage users to make use of this information.

Deadline Approaching for EU Settlement Scheme

The deadline of 30 June for applications to be made to the EUSS (EU settlement scheme) is rapidly approaching. If you are a doctor currently in the UK and arrived before 31 December 2020, you must apply before that date. It is free of charge, and by applying and being granted pre-settled or settled status, you will secure your rights to continue living and working in the UK.

In addition, an application must be made for every eligible child within your family. If you and your family members have lived in the UK for many years, have a permanent residence document or EEA biometric residence card, you still need to apply to the EUSS (or apply for British citizenship) by 30 June to secure your existing rights in the UK.

- [Check your immigration status here.](#)
- [Apply now](#)

Protected Time Learning Information for the Hambleton, Richmond and Whitby (HRW) and Harrogate and Rural District (HaRD) Localities

Locums working within Hambleton, Richmond and Whitby (HRW) and the Harrogate and Rural District (HaRD) localities can find details and booking information for the forthcoming NY CCG summer PLT webinar events in the attached appendices.

- HRW: Wednesday 7th July from 1pm – 6:15pm (Appendix 1)
- HaRD: 13/07/2021 from 12:30 to 18:30. (Appendix 2)

Health Inequalities Toolkit

The BMA is producing a toolkit for frontline clinicians, including those in general practice, who feel frustrated by the health inequalities they see in their work, and who wish to do something about it. The BMA are keen to hear feedback from GPs and everyone working as part of the wider practice team (including sessional and locums GPs) to enable the design of practical resources and approaches. A letter from Krishna Kasaraneni GPC England Executive Team, providing further details about this initiative is attached (Appendix 3)

RCGP Statement on NHS pressures

The BMA has been working closely with the RCGP on how to both highlight and tackle the workload pressures impacting general practice. As part of this they have published a statement saying that NHS pressures are not just about hospitals, as GPs deliver record numbers of consultations. Professor Martin Marshall, RCGP Chair, said: "GPs and our teams are working flat out, delivering record numbers of consultations - almost 13 million in the last four weeks. This is in addition to their remarkable contribution to the COVID-19 vaccination programme, with 75% of vaccines currently being delivered in general practice alone."

GPMplus Mentoring Service

GPMplus is a peer mentoring service for GPs, nurses, and other practice staff with leadership responsibilities working in the catchment areas of: YORLMC, Leeds LMC, Kirklees LMC, Calderdale LMC, Wakefield LMC and Humberside group of LMCs.

There is no charge to access this service and all the mentors are trained and have experience of working in frontline General Practice. There has been a great take up since the service launched and you can find out more on the dedicated GPMplus website [here](#). If you have colleagues working within these LMC areas please share details of the GPMplus service with them.

WY&H Resilience Hub - Therapy Service for Staff

NHSEI has funded the development and ongoing delivery of a mental health and wellbeing hub to support staff who work in West Yorkshire & Harrogate HCP organisations – free of charge, across all sectors. The hub brings together individual therapeutic services with mechanisms and services that emphasise prevention and developing a culture of wellbeing including a team of psychologists and psychological therapists trained to deal with trauma, stress and burnout, depression and anxiety. Information can be found [here](#).

YORLMC - GP Vacancies Page

The YORLMC website includes a vacancies page at <https://www.yorlmcld.co.uk/jobs>. This page is regularly updated with current vacancies and details of GPs seeking work. NHS Practices and GPs in the YORLMC area can place adverts on this page free of charge. To place an advert please email info@yorlmcld.co.uk

Follow [YORLMC](#) on Twitter for the latest updates and job listings.