



## SESSIONAL GP BULLETIN: May 2021

### *Dear Colleagues*

As a sessional GP working within North Yorkshire, the City of York, Bradford, Airedale, Wharfedale & Craven, you have the opportunity to be represented through YORLMC Ltd at no cost to you personally, meaning your views can be represented fairly and adequately when determining and negotiating policy.

YORLMC Ltd currently supports approximately 1600 GPs, and 160 practices across 6 locality areas. In order to represent the interests of all GPs, we will be working over the coming months, to review and develop the information, communication and support available to sessional GPs.

As a starting point for this review, we shortly share with you a survey designed to help us to understand the needs of sessional and portfolio GPs working within the YORLMC area. Through this survey we also hope to capture views about ways in which YORLMC can support sessional GPs, their preferences for the format and frequency of information and suggestions as to which issues/topics they consider to be useful, pertinent and relevant to them both in terms of their professional role and their personal circumstances.

As a sessional GP, your contribution to this survey will be extremely valuable in order to provide perspective, generate new ideas and ensure relevance. In order for YORLMC to maintain direct contact with you please advise of any updates to your contact details by emailing [info@yorlmltd.co.uk](mailto:info@yorlmltd.co.uk) Please do share our details with sessional colleagues working within the North Yorkshire, Bradford, Airedale, Wharfedale and Craven so that they can be included in our communications.



*With best wishes,*

*Brian*

### Q&A Session with Brian McGregor

GPs and practice staff across the YORLMC area are invited to join a Q&A session on Thursday 27<sup>th</sup> May 6pm-7pm, via Zoom. The session will be hosted by YORLMC Medical Secretary and COVID-19 lead Dr Brian McGregor. Brian also serves on the national GPC as the representative for North Yorkshire & York and Bradford & Airedale.

The session will start with a brief update, which will include online consultations, the UK LMC Conference and action by the GPC, after which time will be given to individual questions and discussion. Topics could include the COVID vaccination programme, pensions, national GPC matters, wellbeing, appraisal, GP

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*Chief Executive: Mrs Angela Foulston*

*Medical Secretary: Dr Brian McGregor*

contracts, ICS changes, or any other matter you would like to raise. To book onto this event please visit <http://www.yorlmcld.co.uk/events/12235>

## Microsoft N365 licences for Locum GPs

The GPC have since advised that the "apps for enterprise" Microsoft N365 licences will now be allocated for Locum GPs who are currently a member of the nationally managed NHS Mail Locum group for a period of 12 months. During this time, work will continue within NHSX and NHS Digital to find a sustainable long-term solution. The licences to become live over the coming weeks. This means that:

- If you are a GP who has an NHS email address already that is allocated to a practice/CCG/other NHS body, you do not need to take any action.
- If you are a GP who does not have an NHS email address at all, you will need one to access MS Office documents to enable you to work clinically as the NHS email upgrade is rolled out across the country. You will need to [apply for one](#) and specify that you are a locum.
- If you are a GP who has left their organisation and has been marked as a 'leaver' you will need to contact your IT provider and ask to be added to the national 'locum container' or if it has been deactivated, [obtain a new one](#).

## LMC UK Conference 2021

The Annual Conference of Representatives of LMCs (UK) 2021 took place on the 10<sup>th</sup> and 11<sup>th</sup> May. A video from Ben Molyneaux, Sessional GP committee Chair is available at the following link [Sessional GPs report - LMC conference 2021 - YouTube](#). A blog written by Sessional GP committee member L-J Evans with details of the topics covered in the debates and questions to GPC from the conference can be found [here](#). Full details of the resolutions passed can be found in this [document](#).

## BMA "Fairness for the Frontline Campaign"

Under the recent DDRB pay review, GPs have been offered a 1% pay increase. This is a below-inflationary pay rise and the real-term value of estimated take home pay for the average salaried GP in England has been reduced by a quarter.

The BMA are launching a campaign as part of Fairness for the "Frontline" to demand that all salaried GPs, regardless of their contractual arrangements, should receive a significant pay award that is much higher than RPI and will go some way to closing the real-terms pay erosion that salaried GPs have faced over the past decade.

The BMA have highlighted that this award must be fully covered by additional funding made available to practices to enable this. You can add your voice to the campaign by writing to your MP using the BMA's online tool [here](#) to demand a fair pay rise for salaried GPs in England.

## Webinar: Develop your medical leadership skills: a focus on women

The BMA are delivering a webinar Thursday 8 July 2021, 2.30pm - 4.50pm with a focus on supporting and equipping women to deliver and progress in leadership roles in the NHS.

The presentations will focus on the experiences of women in medical leadership roles including networking, unconscious bias and barriers for women in leadership roles, the journey through clinical academia, a GP's perspective and experiences in primary care and strategies for progressing in leadership and coaching. The BMA will be applying for CPD accreditation for these online events. Further details about the event and how to register can be found on this [link](#).

## GP Pay and Pensions system

The new GP pay and pensions system is due to become available to practices and GPs on 1 June. PCSE have provided further information on the work that is underway in relation to the launch of the new online pay and pensions service in addition to details of resources available to users of the service. A copy of this information is available [here](#).

All GP Performers have a PCSE Online account already however PCSE advise that some GPs are yet to verify their accounts. PCSE advise that they will be contacting these GPs over the last few weeks, with advice on this. If you have any queries in relation to the new online pensions system you should contact the GP Engagement team at [pcse.gpengagement@nhs.net](mailto:pcse.gpengagement@nhs.net)

## Wellbeing Services and Pastoral Support

YORLMC's wellbeing programme, brings together a range of services, schemes and events that will support wellbeing and enable individuals to look after their own health and know when to seek help before difficulties arise. Details of YORLMC's full suite of wellbeing services can be found on the [YORLMC website](#), including information about the free peer mentoring service GPMplus. Further details regarding this service can also be found on the [GPMplus website](#).

YORLMC has a comprehensive pastoral care team with many years' experience of defence bodies, NHSE and GMC procedures and is able to provide personal and confidential support for individual GPs in difficulty or experiencing major change. This can include, helping an individual GP through difficulties linked to contractual, financial or performance concerns and signposting to other professionals where appropriate. Further support including attendance at performance meetings and/or support getting appropriate medical care when required can also be provided. Dr. Brian McGregor YORLMC's Pastoral Lead, can be contacted confidentially in the first instance through any member of the Corporate Affairs Team – contact details can be found [here](#).

## The Cameron Fund

For the past 50 years the Cameron Fund have been offering financial support to GPs and their dependent family in times of financial hardship and distress. Richard Fieldhouse, Chair of the National Association of Sessions GPs, has highlighted the work of the Fund in an article written for the NASGP. This article references a number of different avenues of support and advice that the Fund can offer to sessional GPs [Read it here](#)

## YORLMC - GP Vacancies Page

The YORLMC website includes a vacancies page at <https://www.yorlmcltd.co.uk/jobs> . This page is regularly updated with current vacancies and details of GPs seeking work. NHS Practices and GPs in the YORLMC area can place adverts on this page free of charge. To place an advert please email [info@yorlmcltd.co.uk](mailto:info@yorlmcltd.co.uk)