

SESSIONAL GP BULLETIN: March 2021

Dear Colleagues

YORLMC is the professional voice for all NHS GPs and practice teams across North Yorkshire, the City of York, Bradford, Airedale, Wharfedale & Craven districts. As a sessional GP, you have the opportunity to be represented through YORLMC Ltd at no cost to you personally, meaning your views can be represented fairly and adequately when determining and negotiating policy.

YORLMC 'locality' meetings take place virtually on a bi-monthly basis. These meetings are attended by representatives from the CCG and local hospital trust and offer the opportunity for GPs and Practice Managers to contribute to local discussion as well as providing a chance to network and build links with colleagues and across the locality. Locality meetings will take place in March and April as follows:



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| • Bradford City and District (BA): | 21 st April 14:00 – 15:30 |
| • Airedale, Wharfedale & Craven (AWC): | 14 th April 13:00 – 14:30 |
| • Hambleton, Richmond & Whitby (HRW): | 20 th April 13:00 – 14:30 |
| • Harrogate & Rural District (HaRD): | 22 nd April 12:30 – 14:30 |
| • Scarborough & Ryedale (SR): | 25 th March 15:00 – 17:00 |
| • Vale of York (VoY): | 15 th April 14:00 – 16:00 |

If you would like to attend a locality meeting please contact the relevant Executive Officer for your area: [Kate MacKenzie](#) for Bradford and AWC, [Ariana Frankis](#) for VoY and SR and [Sandra Warriner](#) for HRW and HaRD. Please email Ariana, Kate or Sandra as the first point of contact within your locality with any queries or enquiries you may have.

With best wishes, Brian

Wellbeing

March is YORLMC Wellbeing Month and we are promoting the wide range of wellbeing services offered by YORLMC to GPs and the wider practice team. There's more detail on the [YORLMC website](#), including information about our new mentoring service, GPMplus, which launched in February.

GPMplus is available free of charge to GPs, Practice Managers, Nurses and other practice staff with leadership responsibilities, working in General Practice within the YORLMC area. Individuals accessing mentoring will each be offered up to 8 hours of 1:1 mentoring support, provided by trained and experienced mentors, all of whom have experience of working in General Practice. Further detail can be found on the [GPMplus website](#).

Q&A Session with Brian McGregor

GPs and practice staff across the YORLMC area are invited to join a Q&A session on Thursday 25 March, 6pm-7pm, via Zoom. The session will be hosted by YORLMC Medical Secretary and COVID-19 lead Dr Brian McGregor. Brian also serves on the national GPC as the representative for North Yorkshire & York and Bradford & Airedale.

Brian will give a brief update of topical issues and recent developments and then the session will be open to questions. This will be an interactive event so please bring any questions that you would like to put to Brian; topics could include the COVID vaccination programme, pensions, national GPC matters, wellbeing, appraisal, GP contracts, ICS changes, or any other matter you would like to raise. There is no charge to attend this event and you can book your place now at <https://www.yorlmcld.co.uk/events/12044>

The Yorkshire & Humber Sessional LMC Group

The Yorkshire & Humber sessional LMC group is a sub-group of the wider Yorkshire & Humber LMC Alliance with the purpose of promoting the interests of sessional colleagues. It is a formal group that meets quarterly and is attended by representatives whose LMCs are included in the wider membership of the Yorkshire & Humber LMC Alliance namely:

- Bradford & Airedale Branch, YORLMC Ltd
- Calderdale LMC
- Kirklees LMC
- Leeds LMC
- North Yorkshire Branch, YORLMC Ltd
- Wakefield LMC
- North & North East Lincolnshire LMC
- Hull & East Yorkshire LMC

YORLMC representation is currently provided by [Dr.Rohael Iftakhar](#), [Dr Val Wilson](#) and [Dr Brian McGregor](#). The next meeting of the group will take place on Monday 19th April. If you would like to raise items for discussion, please send these to info@yorlmcld.co.uk by Friday 2nd April in order for them to be included on the agenda.

Senior Female GP Leadership Webinar

In celebration of International Women's Day this month, the BMA are holding a webinar featuring senior female GP leaders, talking about their leadership and career journeys. This webinar is to be held 7– 8.30pm on Thursday 25 March and will feature advice, insights and inspirational stories as well as an opportunity to submit questions as part of the Q&A panel discussion. Speakers include:

- Dr Samira Anane (GPC Education, Training & Workforce Policy Lead)
- Dr Nikki Kanani (Medical Director for Primary Care, NHS England and NHS Improvement)
- Dr Helena McKeown (Chair of the Representative Body of the BMA)
- Dr Farah Jameel (GPC England Executive Team, GPC Negotiator and Chair Camden LMC)
- Dr Margaret Ikpoh (RCGP Council, Associate Director of Primary Care Hull Medical School)
- Dr Katie Bramall-Stainer (CEO Cambs LMCs, Deputy Chair UK LMC Conference, BMA Council)

Click [here](#) to sign up. Please submit advance questions to Cscott@bma.org.uk

NHS Pension Scheme Updates

The BMA's Sessional GPs Committee recently held a webinar about navigating through the NHS Pension scheme. The webinar is available [here](#). It provides a comprehensive guide to Locum A and B forms, Type 2 forms, how to access PCSE, how to raise complaints and how to raise escalations amongst other key topics along with practical advice and guidance on pension processes.

An introduction to the NHS pension scheme for locum GPs, information on opting out of the NHS scheme and advice on how your benefits are calculated can be found in the BMA's webpage [here](#). This page addresses common questions asked by locum GPs and is regularly updated following meetings between Krishan Aggarwal (Deputy Chair of the BMA pensions committee) and NHS England, NHS Pensions and Capita (PCSE).

Government Evidence to Review Body on Doctors and Dentists Remuneration (DDRB) UK

The Government and Department of Health and Social Care has published their evidence to the DDRB which suggests a pay uplift of 1% for those within the remit. A copy of this report can be found [here](#).

Responding to this, the BMAs Chair of Council, Dr Chaand Nagpaul said, "This is a total dereliction of the Government's moral duty and obligation to a workforce that is keeping the NHS on its feet and patients alive." The full statement can be read [here](#). The BMA has also submitted evidence to the DDRB, including that relating to UK salaried GPs, all GPs in NI, Scotland and Wales.

Locum Income Support

The recent budget announcement included an extension of the Self-Employment Income Support Scheme (SEISS) to provide self-employed individuals with a grant (up to a total of £7,500) to cover lost earnings due to COVID-19 through February, March and April of this year. If you have been working as a locum during this time and have seen your income impacted by the pandemic you may be eligible for this grant.

Applications will open in April. To check your eligibility, the full list of criteria and details on how to apply is available on the [gov.uk website](https://www.gov.uk).

Fellowship Schemes

Fellowship schemes provide opportunity for longer term mentoring and educational programmes for newly qualified eligible GPs. The Humber, Coast and Vale scheme is being delivered under the Catalyst Programme. More information about the Catalyst programme and the West Yorkshire Scheme can be found in the attached Appendices 1 and 2.

YORLMC - GP Vacancies Page

The YORLMC website includes a vacancies page at <https://www.yorlmcld.co.uk/jobs>. This page is regularly updated with current vacancies and details of GPs seeking work. NHS Practices and GPs in the YORLMC area can place adverts on this page free of charge. To place an advert please email info@yorlmcld.co.uk