Post COVID-19 learning – Top 10 themes from BMA members to date

| | Theme | BMA related or clinical | Example observation / |
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| | | | recommendation |
| 1. | Virtual committee meetings | BMA related | "Virtual meetings have been a revelation. I recently volunteered to join the x Committee only because it was a virtual meeting. I think we should encourage virtual meetings going forward." |
| 2. | Recorded audio versions of some committee reports for virtual meetings | BMA related | "Just to feedback these audio reports are very useful and I appreciate the time and effort that went into producing them. Well done all involved - I hope if they aren't too time consuming that they can continue." |
| 3. | Online/virtual support materials for members | BMA related | "The support webinars have been accessible, useful and timely. The process should continue on a rolling basis, with a library of past talks that can be accessed by anyone returning to work." |
| 4. | Virtual consulting/patient triaging | Clinical | "It is a massive opportunity for the medical profession at large to modernise patient triage, and improve access for patients to GPs, and for GPs to access secondary care opinions, and patents to access secondary care opinions via GPs and follow up directly from Consultants and consultation methodology using AccuRx and other remote technology and telephones, whilst at the same time controlling workload (with less bureaucracy) and making the job attractive to new doctors." |
| 5. | Virtual supervision of trainees | Clinical | "Consultant psychiatrists do a 1 hour weekly supervision of their trainees. I have been doing this remotely to good effect and I think we should continue with this option." |
| 6. | Virtual meetings and homeworking | Clinical | "Working from home using Microsoft teams or equivalent for meetings - this is especially important for LTFT doctors as I have often needed to physically go into work on an 'off' day for a meeting which could have been achieved in the virtual environment. It will of course be important these are properly logged so doctors can take |

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| 7. | Staff morale / | Clinical | time in lieu if they occur on non- working days, but they significantly reduce travelling costs and childcare costs and should be our usual way of meeting going forward in my opinion. It would be great to get something contractual stating this as acceptable/preferred." |
| | Wellbeing | | appreciation, will continue to feel valued long after the clapping fades and the free pizza runs out. With political pressure to hike up our salaries after years of real-terms cuts, vacancies might fall. In most hospitals, 'staff well-being' is limited to a debrief after an unusually traumatic event, but in the pressure cooker of Covid- 19, it is already front and centre. Well-being spaces have popped up, massage chairs, counsellors on call and posters to promote self-care. I hope such measures will endure, and so should you: loved doctors and nurses are better ones." |
| 8. | Data collection | Clinical | "Generation of 'Big data' - the shielding exercise has lead to mass day trawls of secondary/tertiary care patients where no databases existed - the potential for incredible quality improvement off the back of this is inestimable." |
| 9. | Positive community response | Clinical | "The willingness of people to volunteer, both locally and in the NHS, has been humbling. In my town, GPs have got together with the Wellbeing Coordinators, the Town Council, Food Bank and with League of Friends to organise and screen volunteers from the community to deliver medication, food parcels, shopping and even meals to those in need. We have a London cab for safe transport of potential COVID-19 patients, safe because of the screen between the driver and patient." |
| 10. | Staff only dining rooms with subsidised meals | Clinical | "Having dining rooms that are staff only and subsidised means interprofessional and interdepartmental relationships are better than they have been. It allows |

| a space and time to sit with |
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| colleagues and discuss cases. Morale |
| seems better than it has been for a |
| long time, despite the difficulty of the |
| situation." |